


# Year 3: Friendships and Families

Subject Specific Vocabulary		Different Families, Same Love	Important knowledge about friendships and families
<b>blended</b>	Families that come together when parents marry and bring children from other relationships		<ul style="list-style-type: none"> <li><input type="checkbox"/> I know and respect that there are different types of families including single parents, same-sex parents, step-parents, blended families, foster and adoptive parents.</li> <li><input type="checkbox"/> I know that being part of a family provides support, stability and love.</li> <li><input type="checkbox"/> I know about the positive aspects of being part of a family.</li> <li><input type="checkbox"/> I know about the different ways that people can care for each other.</li> <li><input type="checkbox"/> I know when something in a family might make someone upset or worried.</li> <li><input type="checkbox"/> I know what to do and whom to tell if family relationships are making me feel unhappy.</li> <li><input type="checkbox"/> I know the 5 ways to wellbeing</li> <li><input type="checkbox"/> I know how exercise can reduce stress and improve my mood</li> </ul>
<b>foster</b>	Caring for a child who is not your own, for a short or long time		
<b>strategy</b>	A plan of action.		
<b>response</b>	To react to something.		
<b>worry</b>	A feeling when something doesn't feel right		
<b>supportive</b>	People or actions that help you feel cared for	<b>Caring for others</b>	
<b>secure</b>	Feeling safe and looked after		
<b>bullying</b>	When someone is unkind every day and all the time.		
<b>calm</b>	Feeling peaceful inside		
<b>stability</b>	To feel safe and secure.		
		