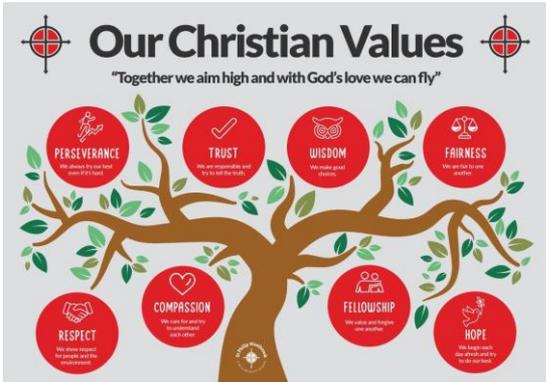
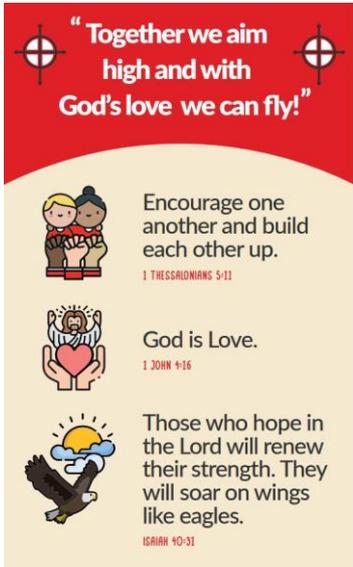


Year 1: Friendships and Families

Subject Specific Vocabulary		Information	Important knowledge about friendships and families
confident	Happy to try something new.	 	<input type="checkbox"/> I can talk about my feelings.
unique	To know you are special and different.		<input type="checkbox"/> I can talk with others to solve conflicts.
emotions	Feelings that we can feel.		<input type="checkbox"/> I can be more confident to try new things.
Christian values	Class rules and behaviours we expect.		<input type="checkbox"/> I can follow rules, understanding why they are important.
brave	Trying new things and developing confidence		<input type="checkbox"/> I know I am special.
respect	To treat someone and make them feel happy and important.		<input type="checkbox"/> I can listen to my teacher.
calm	To be able to have no strong feelings such as anger.		<input type="checkbox"/> I can do things by myself.
healthy	Making choices that make us happy and feel well.		<input type="checkbox"/> I know how to eat healthy.
unhealthy	Making choices that make us feel unwell and unhappy.		<input type="checkbox"/> I know the 5 ways to wellbeing and why being active is important.
special	What makes you different?		<input type="checkbox"/> I can recognise different ways of being active and that this can make you feel happy.