## Rec: Friendships and Families

Subject Specific Vocabulary		Information	Important knowledge about friendships and families
confident	Happy to try something new.  To know you are special and different.	Cour Christian Values  "Together we aim high and with God's love we can fly"  "TRUST "TOgether we aim high and with God's love we can fly!"  Encourage one another and build each other up. 1 TRESSROMMES 5-11  God is Love. 1 JOHN 4-16	<ul> <li>□ I can talk about my feelings.</li> <li>□ I can talk with others to solve conflicts.</li> <li>□ I can be more confident to try new things.</li> <li>□ I can follow rules, understanding why they are important.</li> <li>□ I know I am special.</li> <li>□ I can listen to my teacher.</li> <li>□ I can do things by myself.</li> <li>□ I know how to eat healthy.</li> <li>□ I know the 5 ways to wellbeing and why being active is important.</li> <li>□ I can recognise different ways of being active and that this can make you</li> </ul>
emotions	Feelings that we can feel.		
Christian values	Class rules and behaviours we expect.		
brave	Trying new things and developing confidence		
respect	To treat someone and make them feel happy and important.		
calm	To be able to have no strong feelings such as anger.		
healthy	Making choices that make us happy and feel well.		
unhealthy	Making choices that make us feel unwell and unhappy.	Those who hope in the Lord will renew their strength. They will strength in the strength in the strength in the strength in the strength.	feel happy.
special	What makes you different?	will soar on wings like eagles.	