

Year 5: Growing and Changing

Subject Specific Vocabulary		Important Information	Important knowledge about keeping safe.
hygiene	To have a good routine and keep clean.		<input type="checkbox"/> I know about personal identity and what contributes to it, including race, sex, gender, family, faith, culture, hobbies, likes/dislikes.
vaccination	An injection to protect us from harmful disease.		<input type="checkbox"/> I know that for some people their gender identity does not correspond with their biological sex.
immunisation	The process of protecting ourselves from virus and disease.		<input type="checkbox"/> I know ways to boost their mood and improve emotional wellbeing.
gender	What you are born – biological.		<input type="checkbox"/> I know the importance of taking medicines correctly and using household products safely.
identity	Who you are.		<input type="checkbox"/> I can recognise what is meant by a 'drug'.
risk	A situation involving danger.		<input type="checkbox"/> I know that drugs common to everyday life (e.g. cigarettes, e-cigarettes/vaping, alcohol and medicines) can affect health and wellbeing.
casualty	Someone who is hurt and needs treatment.		<input type="checkbox"/> I can identify some of the risks associated with drugs common to everyday life.
injury	Damage to a person emotionally or physically.		<input type="checkbox"/> I know how to ask for help or advice.
prevention	To stop something happening.		
emergency	A serious, unexpected, and often dangerous situation requiring immediate action.		

