Year 4 Knowledge Mat: Basketball

Subject Specific Vocabulary		Basketball	Important Knowledge
triple threat	Holding the ball into your hip, feet facing forward, on your toes, knees bent hand head up.		☐ I can perform a show and go and a triple treat.
box out	Standing in front of an opponent who does not have the ball with arms stretched out.		☐ I can pass a ball accurately using, chest pass, bounce pass, shoulder pass and overhead pass.
live ball	A ball moving within a game.		☐ I know how to intercept the 4 basic passes.
evaluate	Make judgements.		☐ I can dribble with control and pass the ball into space whilst looking to score.
block	Stopping the ball as soon as it leaves an opponent's hands.		☐ I know how to shoot towards a target.
game awareness	Knowing when to use certain techniques within a game situation.		☐ I know how to rebound a ball that doesn't reach a target area.
shadow	Covering the ball or opponent wherever they go or travel.	The second secon	☐ I know how to attack and defend as part of a team.
BEEF	Balance, eyes in line with the hoop and ball in line with the eyes, elbow up and in line with the eye, feet facing the way you are shooting one in front of another.		☐ I know how to use the opposition's strengths and weaknesses to create an effective tactic.
lay up	When you have ownership of the ball.		☐ I know how to referee a small-sided game.
contact	Touching another player.		☐ I know the defensive techniques: blocking, shadowing, and boxing out.