




Year 2: Badminton

Subject Specific Vocabulary		Information	Important Knowledge
lunge	The action of stepping forward bending the front leg and keeping the rear leg straight.		<input type="checkbox"/> I know how to move towards an object to strike it.
dominant	The preferred hand to use.		<input type="checkbox"/> I can perform a defensive swing with a racket.
shuttlecock	A small object made from feathers and cork that you hit.		<input type="checkbox"/> I know when to perform a defensive swing.
swing	When you pull your arm from the back to the front in a fluid motion to strike the shuttle.	 	<input type="checkbox"/> I can perform a swing shot using a shuttlecock.
clear	An overhead swinging motion used to defend your area.		<input type="checkbox"/> I can perform a rally with a moving object.
technique	How you perform a skill.		<input type="checkbox"/> I know how to move my body to strike a shuttle with a racket.
tactic	A plan you make to help you win.		<input type="checkbox"/> I can perform a swing shot to strike a shuttlecock over a net.
skill	Something that you do.		<input type="checkbox"/> I can perform a swing, forehand and an overhead shot to strike an object.
aim	Finding a target to throw or strike towards.		<input type="checkbox"/> I can perform drop serve shot.
coordination	When two or more body parts work together.		<input type="checkbox"/> I can perform a return shot towards a partner.
			<input type="checkbox"/> I can perform badminton skills in competitive way.