## Year 1: Food Knowledge Mat

Subject Specific Vocabulary		Fruit or vegetable?	Important knowledge about food
appealing	Something that looks attractive of interesting.		☐ I know the difference between a fruit and a vegetable.
grate	To break something into small pieces by rubbing it against something rough.		☐ I know that fruits and vegetables are grown.
peel	To remove the outer skin from a fruit or vegetable.	<u>fruit</u> <u>vegetable</u>	☐ I can describe the taste and appearance of a range of fruit and vegetables.
slice	A thin, broad piece of food cut from a larger piece.	flower	□ I can say which fruits and vegetables I like/dislike and why.
grow	When something increases in size and changes over time.	stem roots	☐ I can use good hygiene when handling food.
product	An object that is made for people to buy.	Preparation	☐ I can prepare fruits and vegetables by peeling, cutting, slicing, grating and squeezing.
user	The person that the product is made for.	peel slice	<ul><li>I can say what went well with my design.</li><li>I can say how my product met</li></ul>
purpose	The reason the product is created.	cut grate	the design criteria.  □ I can say how I would improve my design to make it even
choose	To pick or decide on something.		better.
construct	To build or make something.		