Year 1: Relationships Knowledge Mat

Subject Specific Vocabulary		Feelings	Important knowledge
behaviour	Good actions and words.		about safe relationships and respecting others
emotions	A strong feeling caused by something happening.	ARE PRIVATE ARE PRIVATE ALWAYS REMEMBER YOUR BODY BELONGS TO YOU BODY BELONGS TO YOU NO MEANS NO THAT UPSET YOU THAT UPSET YOU CAN HELP	□ I can say the PANTS rules and know what they mean. □ I know what good touches and bad touches are □ I know what bullying is and what to do if it happens □ I know what kind behaviour and unkind behaviour is. □ I can talk about our class rules and why they are important. □ I know I should ask permission to go online. □ I know I need to be kind and respectful online.
relationships	The way in which two or more people are connected.		
respect	A way of treating someone.		
rules	A guide for how to act to keep people happy and safe.		
responsibility	Making good choices.		
private	Belonging to you.		
harm	Being hurt.	Remember all of these rules and they'll help you stay safe, just like Pantosaurus	
appropriate	The right way.		