Rec: Growing and changing

Subject	Specific Vocabulary	Information	Important Knowledge
senses	Smell, sight, touch or feel.		☐ I can keep trying when something is
feelings	Feeling sad, happy, excited.		tricky. I can say what I have
rules	Keep us safe.		got better at. l can compare myself to others
manners	To say please and thank you.		around the world. □ I can stay at an
behaviour	To listen and be kind.		activity. □ I can follow
fellowship	To be a good friend.		instructions with two actions or more.
perseverance	To keep trying.		☐ I can explain a healthy meal.
instructions	Telling us what to do.		☐ I can be a good friend.
healthy	Making choices that make us happy and feel well.		
family	People who love and care for us.		