


# Rec Knowledge Mat – Dance

Subject Specific Vocabulary		Information	Important Knowledge
<b>canon</b>	Taking it in turns to perform an identical move.		<input type="checkbox"/> I can perform body actions. <input type="checkbox"/> I can move different body parts in a variety of ways. <input type="checkbox"/> I can experiment with my own movements. <input type="checkbox"/> I can show a range of different body shapes. <input type="checkbox"/> I can move at different speeds. <input type="checkbox"/> I can remember some patterns of movement. <input type="checkbox"/> I can move safely in my own space, using changes of speed, level and direction. <input type="checkbox"/> I can move and combine two actions together. <input type="checkbox"/> I can skip, hop and stand on one leg for a few seconds. <input type="checkbox"/> I can move around looking at changing speed and direction. <input type="checkbox"/> I can move with control in different ways. <input type="checkbox"/> I can begin to move with developing control and grace. <input type="checkbox"/> I can find new ways of moving. <input type="checkbox"/> I can repeat simple movement patterns. <input type="checkbox"/> I can be creative in the way I move around. <input type="checkbox"/> I can combine movements together with ease and fluency <input type="checkbox"/> I can use and remember different patterns of movement and perform them to music.
<b>travel</b>	Moving from one area to another.		
<b>aware</b>	Knowing what is around you.		
<b>sequence</b>	A fixed set of steps or movements.		
<b>link</b>	Joining two movements together.		