

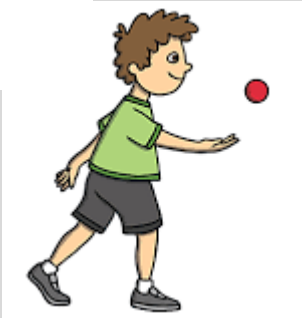


Reception: Athletics

Subject Specific Vocabulary		Important Information	Important knowledge	
throw	When you push something forward with your hand.		<ul style="list-style-type: none"> <input type="checkbox"/> I can perform a jump using balance. <input type="checkbox"/> I can perform 2 jumps linked together. <input type="checkbox"/> I can perform in a jumping race. <input type="checkbox"/> I can throw in the correct direction. <input type="checkbox"/> I can perform an overarm and underarm throw. <input type="checkbox"/> I know that different equipment needs to be thrown different. <input type="checkbox"/> I can perform a bean bag and ball throw. <input type="checkbox"/> I can use the flamingo technique to skip with a hoop. <input type="checkbox"/> I can perform a skip with and without equipment. <input type="checkbox"/> I can perform in a jumping and throwing completion. <input type="checkbox"/> I know how to take turns and wait my turn. <input type="checkbox"/> I know how to follow rules of a competition. 	
target	Where you are aiming for.			<p>Skipping can be done with two feet together or one after each other.</p>
direction	The way you or your equipment is traveling.			
further	Making you or you equipment travel at a bigger distance.			
space	Not touching anything or anyone around you.			<p>An over arm throw.</p>