

Year Reception: Living in the Wider World Knowledge Mat

Subject Specific Vocabulary		Keeping Healthy	Important Knowledge
perseverance	To keep going.	<p>WASH YOUR HANDS</p> <p>1 WATER AND SOAP</p> <p>2 PALM TO PALM</p> <p>3 BETWEEN FINGERS</p> <p>4 FOCUS ON THUMBS</p> <p>5 BACK OF HANDS</p> <p>6 FOCUS ON WHISTS</p> <p>HOW TO BRUSH YOUR TEETH</p>	<input type="checkbox"/> I know how to persevere.
resilience	To try when things are tricky.		<input type="checkbox"/> I know how different emotions feel.
challenge	An activity that is tricky.		<input type="checkbox"/> I know how to try something new.
emotions	How we feel.		<input type="checkbox"/> I know how to wash my hands properly.
hygiene	To be clean.		<input type="checkbox"/> I what is fair and what is not fair.
fairness	To treat people the same.		<input type="checkbox"/> I know what makes a healthy lunch.
healthy	To be well and happy.		<input type="checkbox"/> I know how to brush my teeth properly.
unhealthy	To be unwell or not clean.		
clean	To wash away germs.		
safety	To not hurt yourself.		