

Foundation Subject Medium Term Planning

Subject: PSHE	Concept/Theme: Friends and families	Year Group: Year Reception	Term: Autumn 1
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Vocabulary:		End of Unit Milestones:	
confident	Happy to try something new.	<ul style="list-style-type: none"> • I can talk about my feelings. • I can talk with others to solve conflicts. • I can be more confident to try new things. • I can follow rules, understanding why they are important. • I know I am special. • I can listen to my teacher. • I can do things by myself. • I know how to eat healthy. 	
unique	To know you are special and different.		
emotions	Feelings that we can feel.		
Christian values	Class rules and behaviours we expect.		
compassion	To show kindness.		
respect	To treat someone and make them feel happy and important.		
calm	To be able to have no strong feelings such as anger.		
healthy	Making choices that make us happy and feel well.		
unhealthy	Making choices that make us feel unwell and unhappy.		
special	What makes you different?		

<p>Prior Learning: Year Nursery Autumn 1</p> <ul style="list-style-type: none"> • I know that I am special. • I can celebrate people who are different to me. • I can show emotions and understand emotions. • I know how to stay safe. • I know about my senses. 	<p>Future Learning: Year 1 Autumn 1</p> <ul style="list-style-type: none"> • I know who cares about me. • I know about the role these different people play in children's lives and how they care for them. • what it means to be a family and how families are different. • I know about the importance of telling someone when I am worried. • I know what kind and unkind behaviour is. • I know how kind and unkind behaviour can make people feel. • I can explain what respect means.
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Week One	
Objective: <ul style="list-style-type: none"> I can talk about my feelings. 	Success Criteria: <ul style="list-style-type: none"> I can explain when I have felt sad, angry, happy. I can draw a face and show different emotions.
Learning And Teaching	
<p>KMRM – Why am I special?</p> <p>Read the Colour Monster:</p> <p>https://www.youtube.com/watch?v=PWujGPb6mgo</p> <p>Share the different emotions. What emotions have we learned? Have you ever felt like this? How did you calm down when you were angry?</p> <p>Draw emotion faces on the board, children to guess the emotion.</p> <p>Activity- Draw emotion faces.</p>	<p style="text-align: center;">Outcomes <i>(what is in books, any computing/photo/video evidence etc and where it is to be saved)</i></p> <p>Draw different emotions. Observation for baseline.</p>
Week Two	
Objective: <ul style="list-style-type: none"> I can be more confident to try new things. 	Success Criteria: <ul style="list-style-type: none"> I can share what I would like to try outside/ inside. I can share what activities I have enjoyed.

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Learning And Teaching	Outcomes <i>(what is in books, any computing/photo/video evidence etc and where it is to be saved)</i>
<p>KMRM – Show me an emotion when I say it.</p> <p>Ask children to sit in a circle and discuss what good listening looks like. How should I sit? Why? Model silly behaviour and not listening. Why is that not ok?</p> <p>Ask children what they have played with so far. What have you enjoyed? Share the PP and share activities outside. What can we do in the sand area? Discuss rules and discuss how to you this area and how many children to use it.</p> <p>What can we learn in the reading area? Maths area? How should we use the books? Why is this important?</p> <p>How can we use the bikes fairly?</p> <p>What activity would you like to use outside?</p>	<p>Objective and date</p> <p>Post it note observations.</p>

Week Three

<p>Objective:</p> <ul style="list-style-type: none"> I know I am special. 	<p>Success Criteria:</p> <ul style="list-style-type: none">
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Learning And Teaching	Outcomes <i>(what is in books, any computing/photo/video evidence etc and where it is to be saved)</i>
<p>KMRM – Share my favourite acitivites.</p> <p>Sit the children in a circle and tell the children inside the box there is a special item. What does special mean? Ask the children to pass the box around. Inside the box children will appear in the mirror as they open. Ask the children not to tell anyone what they see.</p> <p>When everyone has seen how special they are. Ask children one at a time to say what makes them special.</p>	<p>Post it notes.</p>

Week Four

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Objective: <ul style="list-style-type: none"> I can follow rules, understanding why they are important. 	Success Criteria: <ul style="list-style-type: none"> I can listen carefully, I can share my ideas. 	
Learning And Teaching		Outcomes <i>(what is in books, any computing/photo/video evidence etc and where it is to be saved)</i>
<p>KMRM – Share 3 things that are special about me.</p> <p>Share PP of Reflection area.</p> <p>Tell children that our class rules link to Christian values. When we show compassion, respect we get a special award called star of the week.</p> <p>Share videos and talk about ways that we show compassion, respect, fairness.</p> <p>Compassion:</p> <p>https://www.youtube.com/watch?v=9yIsG5zx6Mo</p> <p>Respect:</p> <p>https://www.youtube.com/watch?v=DmqRNU_Wzbc</p> <p>Give some scenarios verbally- Is it ok to snatch a toy if I want it? Why not? What should I do instead?</p>		<p>Scribe children's voice.</p>

Week Five

Objective: <ul style="list-style-type: none"> I know how to eat healthy. 	Success Criteria: <ul style="list-style-type: none"> I know different vegetables. I can listen to others as they talk. 	
Learning And Teaching		Outcomes <i>(what is in books, any computing/photo/video evidence etc and where it is to be saved)</i>

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<p>KMRM – Name one way it is important to have rules.</p> <p>Read the story Oliver’s Vegetables:</p> <p>https://www.youtube.com/watch?v=l94vTFR4LQs</p> <p>What vegetables do we know? Why are vegetables important? What are your favourite vegetables? Are there any others way to stay healthy? What else is important? Is it healthy to only eat vegetables? Why?</p>	<p>Draw pictures of vegetables and scribe ways to be healthy.</p>
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Week Six

<p>Objective:</p> <ul style="list-style-type: none"> • I can do things by myself. • I can be confident to try new things. 	<p>Success Criteria:</p> <ul style="list-style-type: none"> • I can explain what I am good at. • I can share what I have been happy to try.
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<p>Learning And Teaching</p>	<p>Outcomes <i>(what is in books, any computing/photo/video evidence etc and where it is to be saved)</i></p>
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<p>KMRM – Guess the vegetable. Have unusual ones.</p> <p>Read the story A Little Spot of Confidence:</p> <p>https://www.youtube.com/watch?v=hdakDc3CQIQ</p> <p>What have you been confident to try?</p> <p>Sing the confidence song:</p> <p>https://www.youtube.com/watch?v=y4zF3W7uQa0</p>	<p>Singing</p>
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