

# SCHOOL MEALS

Available daily as an alternative: - Filled jacket potatoes served with vegetables, a dessert and drink. An alternative dessert from a selection of seasonal fresh fruit, yoghurt, soren and cheese & biscuits  
Available daily - Unlimited fresh salad and wholemeal bread, drinking water or fresh milk.



## Week One

### Meat Free Monday

Vegetarian Sausage Roll  
Herby diced potatoes and beans

Macaroni Cheese

Vanilla Ice Cream

### Tuesday

Chicken Curry served with rice

Quorn Curry served with rice

Baked fishcake, baked potato waffles,  
Peas and sweetcorn

Fresh Fruit Segments  
or yoghurt

### Wednesday

Pork Sausage with creamed potatoes, gravy served  
with carrots and peas

Vegetarian Sausage with creamed potatoes,  
gravy served with carrots and peas

Cheese or Ham Panini served with  
Sweetcorn and salad

Homemade Biscuit

### Thursday

Crumb Coated Chicken served with chunky chipped  
potatoes, garden peas or baked beans

Quorn nuggets served with chunky  
chipped potatoes, garden peas or baked  
beans

Oven baked Fish Fingers  
Served with chunky chipped potatoes, garden peas or  
baked beans

Oven baked Fishless Fingers  
Served with chunky chipped potatoes, garden peas or  
baked beans

Jelly and fruit

### Friday

Italian Chicken Pasta  
Served with seasonal vegetables

Vegetarian Italian Pasta  
Served with seasonal vegetables

Cheese Flan served with baked jacket wedges  
sweetcorn and salad

Cake

## Week Two

### Meat Free Monday

Margarita Pizza  
served with baked jacket wedges  
and sweetcorn

Baked Falafel with cous cous and salad

Vanilla Ice Cream

### Tuesday

Ham Panini or Cheese Panini served with fresh salad,  
coleslaw

Chilli Beef served with 50/50 rice

Vegetarian Chilli served with 50/50 rice

Fresh Fruit Segments  
or yoghurt

### Wednesday

Spaghetti Bolognaise  
Served with mixed vegetables

Vegetarian Bolognaise  
Served with mixed vegetables

Cheese or Ham wrap served with sweetcorn and salad

Homemade Biscuit

### Thursday

Chicken goujons  
Served with chunky chipped potatoes  
garden peas or baked beans

Quorn nuggets served with chunky  
chipped potatoes, garden peas or baked  
beans

Oven baked Battered Salmon  
served with chunky chipped potatoes  
garden peas or baked beans

Oven baked Fish Fingers  
Served with chunky chipped potatoes, garden peas or  
baked beans

Jelly and fruit

### Friday

Chicken curry and rice

Fruity curry with Quorn, chickpeas. Rice

Omelette. Jacket wedges. Beans

Cake

## Week Three

### Meat Free Monday

Quorn nuggets with baked herby diced  
Potatoes, and sweetcorn

Tomato and Mascarpone Pasta Bake  
served with seasonal vegetables

Vanilla Ice Cream

### Tuesday

Pork Meatballs in tomato and basil sauce served with  
wholemeal pasta and garden peas

Vegetarian Meatballs in tomato and basil  
sauce served with wholemeal pasta and  
garden peas

Twice Baked Jacket Potatoes  
With cheese and onion  
Served with baked beans

Fresh Fruit Segments  
or yoghurt

### Wednesday

Pizza Served with jacket wedges salad and coleslaw

Chicken Tikka Masala served with rice

Vegetarian Tikka Masala served with rice

Homemade Biscuit

### Thursday

Crumb coated chicken  
Served with chunky chipped potatoes,  
Peas or beans

Quorn nuggets served with chunky  
chipped potatoes, peas or beans

Oven baked Battered Fish served with chunky chipped  
potatoes, garden peas or baked beans

Jelly and fruit

### Friday

Cajun Chicken in a bun,  
Baked wedged potatoes, coleslaw and sweetcorn

Vegetarian Burger in a bun  
Baked wedged potatoes, coleslaw and sweetcorn

Cake

## School Menu Spring/Summer 2023



= Vegetarian V = Vegetarian substitute available  
Lunch will be served with fresh milk or drinking water.  
All homemade dishes contain additional vegetables.

For allergen and dietary help please contact school meals  
helpdesk on 01925 443082 or visit our website  
[www.warrington.gov.uk/schoolmeals](http://www.warrington.gov.uk/schoolmeals)



WARRINGTON  
Borough Council

Menu cycle week one: 15<sup>th</sup> May, 5<sup>th</sup> Jun, 26<sup>th</sup> Jun, 17<sup>th</sup> July,  
7<sup>th</sup> Aug, 28<sup>th</sup> Aug, 18<sup>th</sup> Sept, 9<sup>th</sup> Oct, 30<sup>th</sup> Oct

Menu cycle week two: 22<sup>nd</sup> May, 12<sup>th</sup> Jun,  
3<sup>rd</sup> July, 24<sup>th</sup> July, 14<sup>th</sup> Aug, 4<sup>th</sup> Sept, 25<sup>th</sup> Sept, 16<sup>th</sup> Oct

Menu cycle week three: 29<sup>th</sup> May, 19<sup>th</sup> Jun,  
10<sup>th</sup> July, 31<sup>st</sup> July, 21<sup>st</sup> Aug, 11 Sept, 2<sup>nd</sup> Oct, 23<sup>rd</sup> Oct

