## Year 2: Badminton

Subject Specific Vocabulary		Important Information	Important knowledge
lunge	The action of stepping forward bending the front leg and keeping		☐ I know how to move towards an object to strike it.
_	the rear leg straight.		☐ I can perform a defensive swing with a racket.
dominant	The preferred hand to use.		☐ I know when to perform a defensive
shuttlecock	A small object made from feathers and cork that you hit.		swing.
•	When you pull your arm from the	0 4-0 /	☐ I can perform a swing shot using a shuttlecock.
swing	back to the front in a fluid motion to strike the shuttle.	An over head clear is used to defend.	☐ I can perform a rally with a moving
clear	An overhead swinging motion used to defend your area.	<b>8</b>	object.  □ I know how to move my body to strike
technique	How you perform a skill.		a shuttle with a racket.
tactic	A plan you make to help you win.		☐ I can perform a swing shot to strike a shuttlecock over a net.
skill	Something that you do.	Lunging towards to shuttle cock will help to return it.	☐ I can perform a swing, forehand and an overhead shot to strike an object.
aim	Finding a target to throw or strike	Manager Contract Cont	□ I can perform drop serve shot.
	towards.	DBLHI 2010	☐ I can perform a return shot towards a partner.
coordination	When two or more body parts work together.		☐ I can perform badminton skills in
	Togernor.		competitive way.