Year 1: Relationships Knowledge Mat

Subject Specific Vocabulary		Feelings	Important knowledge
emotions	A strong feeling caused by something happening.		about safe relationships and respecting others
relationship	The way in which two or more people are connected.	PRIVATES PRIVATE	☐ I can say the PANTS rules and know my private body parts.
respect	A way of treating someone.	ALWAYS REMEMBER YOUR BODY BELONGS TO YOU	
rules	A guide for how to act to keep people happy and safe.	NO MEANS NO ALK ABOUT SECRETS THAT UPSET YOU	□ I know what good and bad touches are.
responsible	Making good choices	A 141 S	☐ I know what bullying is
private	Belonging to you	SPEAK UP, SOMEONE	and what to do if it happens. I know what kind and
harm	Being hurt		unkind behaviour is.
secret	Something kept hidden from others.	Remember all of these rules and they'll help you stay safe, just like Pantosaurus	☐ To describe the importance of rules.
permission	Allow		importance or toles.