


# Year 1: Relationships Knowledge Mat

| Subject Specific Vocabulary |   | Feelings  | Important knowledge about safe relationships and respecting others                 |
|-----------------------------|---|---|--|
| <b>emotions</b>             | A strong feeling caused by something happening.       |  | <input type="checkbox"/> I can say the PANTS rules and know my private body parts. |
| <b>relationship</b>         | The way in which two or more people are connected.    |   | <input type="checkbox"/> I know what good and bad touches are.                     |
| <b>respect</b>              | A way of treating someone.                            |   | <input type="checkbox"/> I know what bullying is and what to do if it happens.     |
| <b>rules</b>                | A guide for how to act to keep people happy and safe. |   | <input type="checkbox"/> I know what kind and unkind behaviour is.                 |
| <b>responsible</b>          | Making good choices                                   |   | <input type="checkbox"/> To describe the importance of rules.                      |
| <b>private</b>              | Belonging to you                                      |   |  |
| <b>harm</b>                 | Being hurt  |   |  |
| <b>secret</b>               | Something kept hidden from others.                    |   |  |
| <b>permission</b>           | Allow   |   |  |