Year 1 Knowledge Mat - Football

Subject Specific Vocabulary		Football Skills	Important Knowledge About Football
receive	to get the ball	Dribbling Rolling	I know how to accurately send a ball to my partner and control it with a part
technique	The ability to perform a skill correctly		of my body I know how to
send	to throw or kick in an particular direction	Defending	demonstrate control whilst dribbling and passing with
accuracy	to perform movements and skills with precision	Stay low	the correct technique
coordination	to perform smooth and efficient movements	Passing	☐I know how to confidently show coordination and
power	to perform movements quickly with strength	Inside of foot	accuracy when kicking the ball
control	to be able to move with the ball and choose where you wish to send it	Cushion	☐ I know how to shoot and pass the ball using power and movement
movement	an act of moving	Trap	☐ I know how to listen and respond to set tasks and follow the expectations
dribble	to move with a ball between your feet on the floor.	Shooting 3. Follow through I. Planted foot	and rules of football whilst tackling using control I know how to play a competitive game using all of the skills I have
		2. Laces part	learnt.