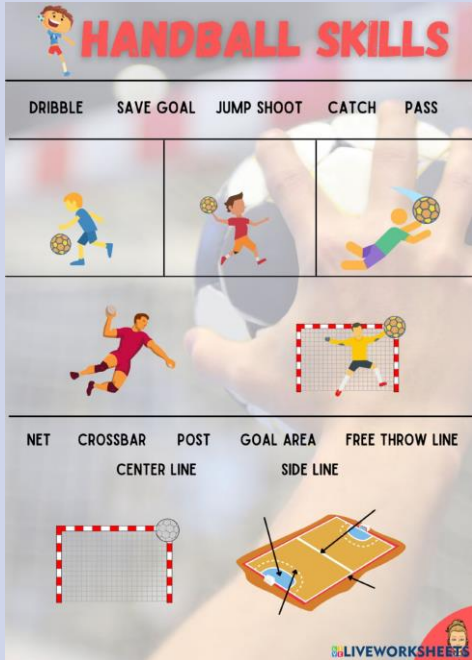



# Year 5 Knowledge Mat - Handball & Bench Ball

| Subject Specific Vocabulary  |   | Handball and Bench Ball Skills  | Important knowledge about Handball and Bench Ball   |
|------------------------------|---|---|---|
| <b>Goal Catcher/Keeper</b>   | Can act as a field player when outside their zone.  |  <p>The infographic is titled 'HANDBALL SKILLS' in large red letters. Below the title, there are five categories of skills: DRIBBLE, SAVE GOAL, JUMP SHOOT, CATCH, and PASS. Each category has a corresponding illustration: a player dribbling, a goalkeeper saving a goal, a player jumping to shoot, a player catching a ball, and a player passing a ball. Below these, there are illustrations of a handball goal with labels for NET, CROSSBAR, POST, GOAL AREA, and FREE THROW LINE, and a diagram of a handball court with labels for CENTER LINE and SIDE LINE. At the bottom right, there is a logo for 'LIVEWORKSHEETS'.</p> | <ul style="list-style-type: none"> <li><input type="checkbox"/> I can pass a ball using the four basic passes.</li> <li><input type="checkbox"/> I can move into space and then pass a ball.</li> <li><input type="checkbox"/> I can intercept another player.</li> <li><input type="checkbox"/> I can work with a teammate to defend possession.</li> <li><input type="checkbox"/> I can swipe a ball from my opponent.</li> <li><input type="checkbox"/> I can mark my opponent to prevent a goal.</li> <li><input type="checkbox"/> I can block a shot with my body.</li> <li><input type="checkbox"/> I can shoot against a goalkeeper.</li> <li><input type="checkbox"/> I can use tactics to play a fair game of handball and bench ball.</li> <li><input type="checkbox"/> I can listen to rules and follow them.</li> <li><input type="checkbox"/> I can use participate in a competitive game of handball and bench ball.</li> <li><input type="checkbox"/> I can use different techniques, including passing, shooting and defending in a game of handball and bench ball.</li> </ul> |
| <b>Penalty Steps</b>         | When a player takes more than three steps without dribbling the ball, when they hold the ball for more than three seconds without dribbling, passing, or shooting the ball. |   |   |
| <b>Jump Shot</b>             | Thrown with power and speed downward into the opponent's goal   |   |   |
| <b>Lob Shot</b>              | Used when the goalkeeper is out away from the goal.   |   |   |
| <b>Hand Off</b>              | The act of warding off an opposing player with the open hand.   |   |   |
| <b>Penalty Throw</b>         | Awarded for illegal interference by a defender.   |   |   |
| <b>Spin Shot</b>             | A shot where the ball changes direction when bouncing back from the floor.  |   |   |
| <b>Dribble Step Sequence</b> | 3 extra steps to be taken when dribbling.   |   |   |
| <b>Possession</b>            | The goalkeeper having the ball trapped between one hand and a surface.  |   |   |
| <b>Corner Throw</b>          | Thrown by an attacking player from the corner of the court.   |  <p>The diagram shows a handball court with two goalies sitting on the floor in front of their goals. The goals are labeled 'Goalie'. The court has a window in the background.</p>  |   |