Year 3: Food Knowledge Mat

Subject Specific Vocabulary Product		Product outcome	Important knowledge
investigate	To look carefully and closely to learn the facts through examining.		about food:
function	The purpose or role than an object fulfils.		☐ I know that not all fruits and vegetables can be grown in the UK as each country has its own
finish	Finishing touches added to a product's surface to improve its functionality.		climate.
annotate	To provide notes that explain what is happening or the components.		☐ I can consider hygiene when preparing and cooking food safely using equipment correctly.
adapt	To change or adjust for a particular use.		
claw grip	A mixture of using your palm and fingertips to grip an item.		☐ I know how importing food impacts on the environment is one of the
bridge hold	To make a bridge shape over an item of food where your fingers should be on one side and your thumb on the other.	Claw grip and bridge hold	reasons why we should eat seasonal foods grown in the UK.
combine	To join together to make into a whole.	Claw grip Bridge hold	☐ I know what foods are in season and to be aware of the nutritional benefits of these foods.
harvested	The process needed to gather ripe crops that are in season.		☐ I can safely prepare and follow basic rules of food contamination by following a recipe to create a tart.
recipe	A list of ingredients and instructions for making a food dish.		☐ I can evaluate my product and identify if it met the design brief.