

St. Philip's Colour Run

- Date of event:** Saturday 23rd July 2022
- Location:** The colour run will take place on the school field. Parents/carers with children enter via the infant playground.
- Groups:** Infants will have a separate time to the juniors and they will start first. There will also be an opportunity for the adults in each year group to join in for the adult colour run and paint can be thrown at them. Older siblings (11years+) who do not attend St. Philip's Primary School can also take part and will need a ticket. Older siblings will join in with the adults' time slot. Younger siblings are also welcome to take part but this will be for a water run (no colour powder will be used for the toddlers). The toddler run will require a ticket of £2. A 30minute break will be given in between the infants leaving the school premises and the juniors entering the premises.
- Time:** Infants 12:00pm - 1:30pm
12:00pm start (adults can run the course at 12:45pm and toddlers water run will be 1:00pm)
Infants to leave the playground and field by 1:30pm
Juniors 2:00pm - 3:30pm
Juniors 2:00pm start (adults can run the adult colour run at 3:00pm and toddlers water run will be at 3:15pm)
Juniors to leave the playground and field by 3:30pm
- Cost:** £10 a ticket
£2 a ticket for the toddlers' water run

Health and Safety

1. Those participating in the Colour Run is a potentially hazardous activity where children and adults will be required to run a set distance and powdered colour will be thrown towards the participants during the course of the event.
2. There may be a water station as this has been proven to help the colour powder show up more on wet/damp clothing.
3. Some of the course may also go through mud, which has not been tested for chemicals or disease. As it is a physically demanding activity, there is a risk of injury. The area and the ground will be checked to ensure no rubbish, broken glass or other objects that may cause harm to the participants.
4. Whilst the colour run takes care to make the event as safe as possible, we cannot remove all risks and dangers to participants and observers and accordingly those taking part should be careful around the course. Parents/carers are responsible for their own child/children and should remain with them on site at all times. This will also be reminded on the day before each group begins the course.
5. A risk assessment has been carried out to highlight possible risks associated with hosting and competing in the St. Philip's Colour Run, including:
 - o slips, falls, contact with other participants,
 - o negligent or wanton acts of other participants,
 - o any defects or condition of premises
 - o the effects of the weather including high heat, cold temperatures, storms and/or humidity.
6. Friends of St. Philip's (FOST), a group of volunteers who are organising the event, are not responsible for any personal items or property that are lost, stolen, stained or damaged at or during the event.
7. St. Johns Ambulance will be attending on the day (2 x first aid members arriving not in a unit) in case of any emergency medical care and transportation in order to obtain treatment in the event of injury as medical professionals may deem appropriate. There will be other people on site who are first aid trained as well. If a First Aid Unit is needed, they will be contacted via the first aid members on site and further charges may apply.
8. Pets are not permitted in the run or on the school grounds.
9. Photographs will be taken of the event however no names will be published against the photograph.
10. A risk of wild animals and insects may be present on the course.
11. The colour powder is rated as non-toxic/ non-hazardous. No respiratory or eye protection required, but we do recommend those taking part should wear sunglasses. Flush with water to remove powder from eyes, mouth or nose; mild soap and water recommended for cleaning on skin.
12. Colour powder must only be thrown at the designated zones. No powder should be thrown near fire extinguishers, heated electronics or other people who do not wish to.
13. A bypass option will be given to participants at each zone of the course if they wish to not have any powder or water on them.
14. Breathing colour powder for a short period of time should not give any trouble. Breathing dust in general frequently or for a long time is not healthy.
15. In case you have an allergy for corn starch, it is best to avoid contact with this product.
16. The colour powders are non-flammable and eco-friendly. Sunglasses will also be provided for extra safety precautions.
17. Those attending the event should advise all the volunteers of any medical conditions such as: respiratory conditions, allergies, injuries or heart conditions.
18. Alcohol and smoking are prohibited
19. FOST, the parents/carers and children are responsible in looking after the school premises. Any person seen damaging any equipment or property will be removed off the premises.
20. FOST and St. Philip's CE Primary School are not responsible for any personal items or property that are lost, stolen, stained or damaged at or during the event.
21. Area will be cordoned to stop people from accessing or using equipment that they are not allowed to such as, the jungle gym, pre-school building, junior playground, ball court and the staff car park.
22. All equipment will be thoroughly checked over such as, speakers, markers.
23. FOST have public liability insurance covering 10million
24. Frequently Asked Questions (FAQ) will be provided to parents on a separate sheet.

FAQ

When is the event?

Saturday 23rd July 2022

Where is the location of the event?

At St. Philip's Primary School, on the field. Participants can wait on the infant playground until their group is called to start the warm up before the run.

Is there an age limit?

All children who currently attend St. Philip's Primary School are allowed to enter and take part. Children from Reception to children in Year 6.

Younger siblings and older siblings are allowed to take part but they will need a ticket. The younger siblings are unable to take part in the colour run but they can participate in the water run where they can walk or run the course and have water squirted at them. If siblings are not taking part, they are very welcome to attend as spectators cheering everybody on. Parents and guardians must ensure that siblings who are not taking part do not enter the race or the warm up area at any time and must not use the equipment on either playground.

There will be other entertainment around the area such as; St. Philip's Church and the school car park, where there will be stalls for everyone to enjoy themselves.

There are race timers allocated for the infants and a separate time for the juniors.

Will there be refreshments and food?

St. Philip's Church will be providing refreshments and donations will be asked to help support the running costs of the church.

There will also be a tuck shop which will be run by volunteers and a visit from the ice cream van.

Are there any toilet facilities nearby?

We recommend you use the toilets before starting the colour run. The Odeon and St. Philip's Church have toilet facilities; however they may refuse entry if you are covered in powder. Having spare clothes is required.

Do we have to stay with our child/children?

Yes, it is the adult's responsibility to supervise their child at all times during the event. FOST and St. Philip's CE Primary School are not responsible.

How will tickets be purchased?

Tickets can be ordered by using the colour run order form sent out to children and on the St Philip's newsletter. There are a limited number of tickets available and these will be allocated on a first come first serve basis by sending forms with full payment back to school as soon as possible. We will stop accepting forms on Monday 11th July 2022, or when all places have been allocated, whichever comes first. We will be collecting returned forms from the office on a daily basis to ensure fairness but should we receive a day where the amount of bookings exceed places available, that days forms will be put into a draw for those places and the cut off will be implemented. Any forms and money received after the cut off will be returned in full.

Are there any refunds?

As the event is run by a charity called 'FOST' (Friends of St. Philip's) who are a group of volunteers that organise and host events to help raise money for the school, there will be no refunds.

Do you have a cleaning station for the race?

There will be no cleaning stations, if you would like to bring a spare change of clothes please do so. However, you may enjoy being covered in paint and like to show it off to everyone in the community!

What happens if I lose any personal items?

FOST and St. Philip's CE Primary School are not responsible for any personal items or property that are lost, stolen, stained or damaged at or during the event.

How does the colour affect the inside of my car?

If you are driving or using public transport, you can use a poncho or bring something to cover the seats before you sit down such as towels, plastic bags etc.

Are cameras and phones safe to have in the colour zones?

If you want to get shots right in the midst of the colour, we recommend covering cameras/phones with cling film, a plastic bag or placing your phone in a zip lock bag.

Is the colour powder safe?

The colour powder we are using is eco-friendly, EU certified and the products are non-flammable. The powders are always tested to ensure the safety of the materials. Their products are safe and they follow the standards of worldwide authorities.

What do we need to wear?

Participants should arrive in a plain white t-shirt as this will show the colours from the powder paint really well. Participants can also come dressed up, in previous events, people have worn brightly coloured tutus, shorts or trousers to add more bright colours to their outfit. We recommend that participants should not wear expensive clothing as the colour may not fully wash out and there is a possibility that it may stain the clothes. Feel free to come in fancy dress too! Making sure you have a white top to wear. Appropriate clothing and footwear are advised as this is a sporting event. No flip flops, sandals, heels, football studs to avoid the risk of injury.

What happens if there is bad weather?

The St. Philip's Colour Run is an outdoor event and will be held in summer. The event will not be cancelled in bad weather unless it is unsafe to proceed. Rain is, after all, just liquid sunshine!

What is the schedule for the day?

All participants will enter via the infant school gate onto the infant playground to wait until further instructions. We will then let participants through in waves and the warm up will begin with music and an introduction. After the warm up, those in that group/wave can begin the course, ensuring there is space in between one another. When the first group of participants have entered the course, the next wave of participants can move forward to begin their run.

There will be 4-5 zones on the field which will include coloured powder and water guns. You must follow the route of the course.

Once the run is completed and you have collected your medal, please feel free to walk outside of school towards church and onto the car park for further treats and enjoy the atmosphere of the day.

Why do you need me to sign a waiver?

The Friends of St Philip's are a charity run entirely by volunteers, we are arranging the colour run based on the health and safety rules provided by the national guidelines which advise us to use a waiver for the event, this is to ensure that all participants agree to the rules outlined in the health and safety documents provided on the School website under Friends of St Philip's.

What if I don't want to get squirted with water or coloured powder?

There will be an option at each station for you to bypass if you wish to do so.

What happens when we finish the course?

Participants who have entered and completed the colour run will receive a medal.

Please exit the grounds to make the area clear for the other participants who are running towards the finishing line.