## Menai Residential Experience



### Why are we going?

- Personal and social development opportunities
- To develop independence skills prior to transition to new school
- To provide the opportunity to work with specialist staff
- To further enhance teamwork and fellowship

## Canolfan Conway Centre Outdoor Field Study Arts

- The Conway Centre is a large, short term, residential educational facility on the island of Anglesey, North Wales.
- The Centre occupies 170 acres of National Trust parkland and gardens, which extend down to the Menai Strait and include: a Private Dock, Adventure Playground, Tipi, Yurt, Playing Fields, Natural Ponds, Sheltered Shoreline and Mature Woodlands.
- The Centre is well known for its qualified expertise in the Arts, Field Studies and Outdoor Education



#### Departure: Monday 12th July from school.

Please arrive at school at the usual time, help your child to load their case onto the bus and then send them into school as normal entering via their classroom door for registration. We will be leaving by 9:30am.

## Return: Wednesday 14th at 3:00 pm (depending upon traffic)

We will inform you if the arrival time changes.

#### **Departure Arrangements**

All children will need a small day bag / rucksack containing the following:

- Packed lunch in a <u>disposable bag</u>, a snack for when we arrive, and a school water bottle – clearly named
- Sun hat and sun cream (children will be responsible for applying this on a daily basis).
- Waterproof coat

## Outdoor activities led by the expert centre staff include:

Mountain biking Raft building **Bushcraft** Canoeing Zips and ropes Kayaking Stand-up paddle boarding Via ferrata





### Arrangements

 Day of departure: Packed lunch in a disposable bag, a snack for when we arrive and refillable water bottle – clearly named.

#### The centre will provide:

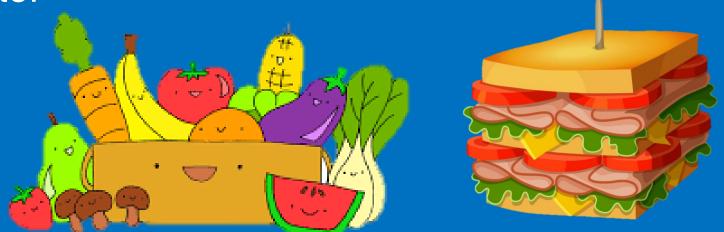
- Waterproof tops and bottoms (where appropriate)
- All equipment for activities e.g. harnesses, helmets, life-jackets etc.
- Drying rooms where clothes can (if hung up properly!) dry out overnight

### **Sleeping Arrangements**

- Boys' rooms are located on the 1<sup>st</sup> floor; girls' rooms are located on the 4<sup>th</sup> floor.
- All floors are alarmed, so once the children are in bed, that is where they will remain until an adult comes to get them in the morning.
- There are communal showers and toilets on each floor.
- Room sizes range from 2 10 people sleeping in a room.

#### Food

The food is always delicious and it is definitely something that the teachers always look forward to!



 Please make sure that any allergies/ dietary requirements are included on the medical form (this will be sent to you in due course).

### Kit List

- •Toiletries, toothbrush, hairbrush and two large towels
- Nightwear
- Watch
- Bobbles for long hair
- Casual clothing for each day plus spares
- Outdoor activity clothing not jeans
- Sensible outdoor shoes
- Shoes which will get wet/muddy (old trainers or water shoes)
- Warm waterproof coat
- Warm clothes to change into after being wet
- •Spending money (optional) maximum of £10 (The children will be responsible for the safekeeping of their pocket money)
- Refillable water bottle
- •Sun cream / sun hat / collared T-shirts for sun protection
- •Bin bags for dirty shoes, washing, wet clothes.
- Teddy and a book
- Pack of cards or small non-electronic game
- •Camera (this can be disposable or digital but will be brought at own risk).

Only one small bag!
Your child will have to carry this bag up multiple flights of stairs!



# The following items must NOT be brought

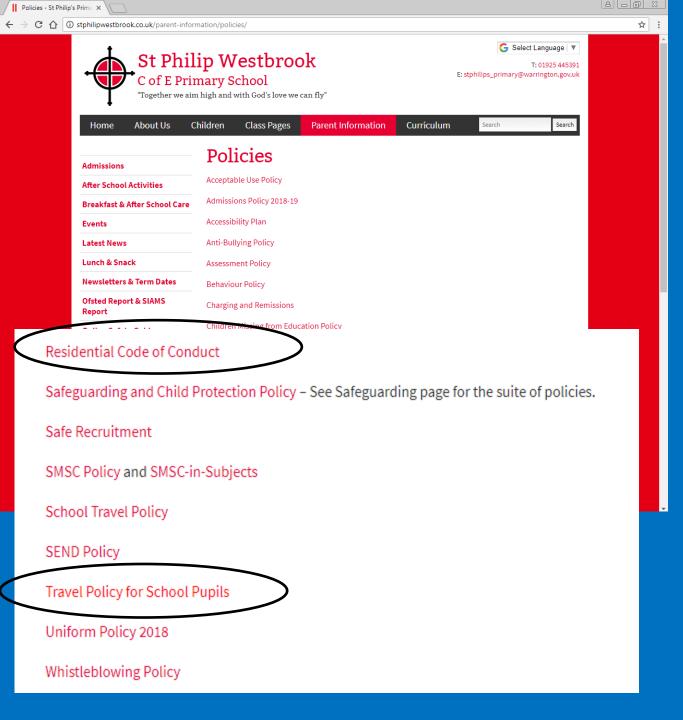
- Mobile phones
- Electrical goods
- Game machines
- iPods, kindles, iPads etc.
- Aerosols of any kind (these will set off the alarms!)
- Novelty 'big' slippers (trip hazard)
- Make-up
- Perfume
- Torches
- Sweets or any other food



#### Medication

- If your child needs medication giving to them, please send this in, <u>clearly labelled with your child's name and</u> <u>correct dose</u>, 2 weeks before the trip, so we can ensure all the correct paper work is filled out prior to the residential. This includes calpol, hayfever tablets, travel sickness tablets etc.
- If your child's medication-needs change between filling in the medical form and our departure, please inform your child's teacher so that our records can be amended in good time.
- What happens if my child is unwell during the visit?

We will act on your behalf should your child need any medicine (e.g. calpol – with your consent). Each and every child will be cared for and by our wonderful members of staff, so there is no need to worry. If there is an emergency, you will be contacted.



# On our website, you will find the following:

- Residential Code of Conduct
- Travel
   Policy for
   School
   Pupils

#### Discipline

From experience, and your own safety, we have developed a set of rules, which all students should agree to follow.

These are in addition to any specific establishment regulations and therefore we ask you to agree to the following:

- That I will remain in the accommodation unless I have my teacher's permission to leave.
- I will not take CD players, mobile phones, electronic games or any other expensive equipment.

#### **General**

I therefore agree that I will:

- Co-operate with the staff and other students to make this visit enjoyable, trouble free and educationally rewarding for all.
- 2. Have the appropriate equipment, as necessary with me for all visits and activities.
- 3. Clearly label my baggage both inside and out.
- 4. Participate in all activities during the visit.
- Dress appropriately and with sensible shoes as directed by the teacher.
- 6. Be punctual at all times for meals and work sessions.
- Behave quietly and sensibly in the accommodation to avoid inconvenience to other guests and accommodation management.
- 8. Remain attentive and act sensibly at all times.
- 9. Remain alert during excursions or other organised events.
- Only allow visitors into my room if this has been agreed with by a member of staff.
- 11. Remain in my room until next morning after 'lights out' unless in an emergency.
- Remain in my room in the mornings until notified by a member of staff to leave (unless in an emergency or to use toilet facilities).
- Respect others property and I will not disturb or remove items that do not belong to me.
- 14. I am aware that my parents/guardians will be contacted in the event of misconduct or persistent misbehaviour and if this continues I may be sent home early at my own cost or my parents asked to collect me.
- To consider other guests and after lights out settle down to sleep and ensure I do not keep others awake.

Group leaders have a particular responsibility to students of all ages to act in loco parentis.

## You need to complete the following:

- Medical form
- Sign the code of conduct
- Complete any forms and payments.

### Frequently Asked Questions

Will I get updates during the visit?

No news is good news! We will not be contacting you during the visit, but please be assured that everybody will be having a wonderful time! If there is an emergency, we will contact you.

- My child needs medication, who will give this to them?

  All medicine will be given as and when a child needs it by one of our members of staff. Any medicine that your child requires should be clearly labelled with your child's name and dosage and given to your child's class teacher at least 2 weeks before the trip.
- Who will make my child's bed?

Your child will be expected to put all of the sheets and duvet onto the bedding, so please encourage your child to start practising!

### Frequently Asked Questions

- Does every child <u>have</u> to do activities that they don't want to do?
   No, we would never force anybody to do something that they are not comfortable with.
- Which members of staff will be going on the trip?

  Miss Cragg, Mr Henshaw, Miss Wade, Mrs Bright, Mrs Bandell, Mrs Ellison, Mrs Hennis and Miss Stubbs
- Does my child *need* walking boots? No, any comfortable trainers. Trainers (preferably old) will be worn during the activities. Water shoes could also be worn if you would like. However, there is no need to buy any specialist clothing.
- Will the year group be mixed together?

  Yes, the classes will be mixed as we are one year group bubble.

# We are thoroughly looking forward to the residential to finish year 6 with a fun and memorable trip away.

If you have any questions, please send them to the office and we will collate the questions and answer them on our year group page.

Due to lack of time, we won't be able to discuss the residential arrangements during the parent consultations. However, please feel free to send your questions to the office.