



Y4 PE Generic Vocabulary

accuracy	awareness	fundamental movements	stamina	agility
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Y4 Vocabulary – Gymnastics

Shoulder stand	chasse	leap	routine	Flat japana
cartwheel	rotation	support	momentum	element

Squat through	Arabesque start	Hurdle step sequence	Hip rotation	Half leaver
Full leaver	Low bridge	dismount	Full turn jump	Quarter turn jump