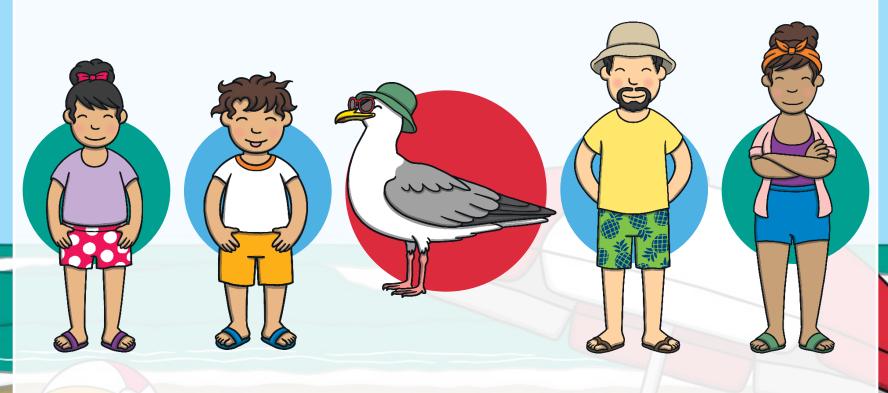
Sammy Seagull's Summer Safety Story



Characters

There are 5 characters in this exciting story!



Lucia

Joseph

Sammy Seagull

Dad

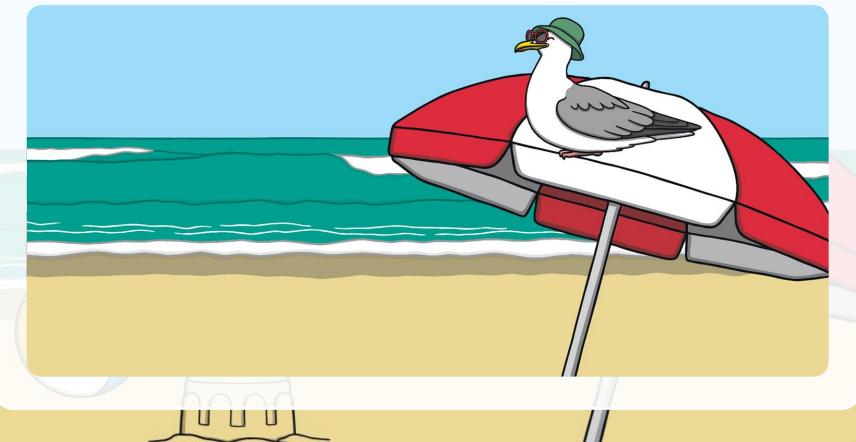
Mum



Hi! I'm Sammy Seagull. I live near a lovely sandy beach.

Do you like going to the beach? There is so much to see and do when you visit the beach – building sandcastles, eating ice cream, playing with a beach ball and paddling in the sea. I have a special job at the beach – I help to keep people safe and teach them about keeping safe.

Can you help me tell people how to keep safe and happy at the beach?



If you're going to help me, there is something very important you need to

learn, my 'Summer Safety Song':

In the summer, it's lots of fun, To play outside, in the sun.

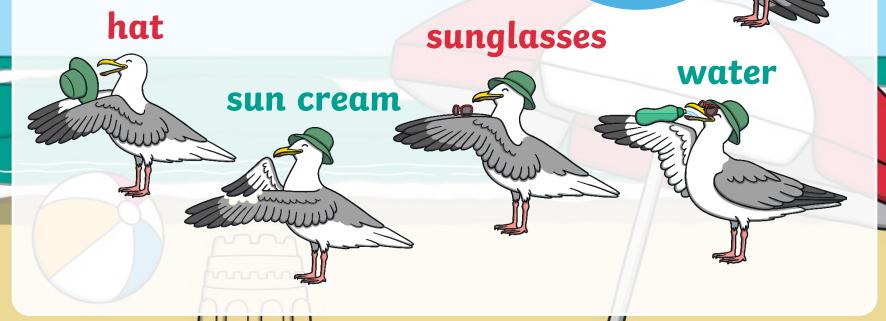
Just remember - put on a hat,

And rub in **sun cream**, just like that!

Then put on **sunglasses**, it's really cool,

Drink lots of water, that's the rule!

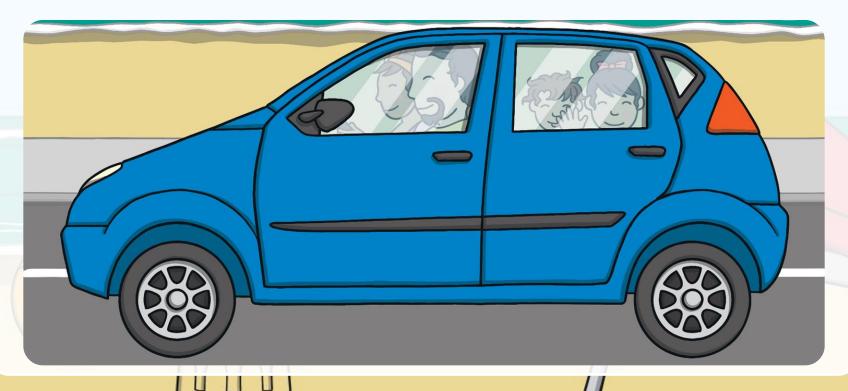




Perfect! Now you know my 'Summer Safety Song', you can help me keep people safe and happy at the beach.

In a car, not too far from my beach, was a little girl called Lucia and her family. Lucia was on holiday with her family and they came to my beach. Lucia was very excited but had lots to learn about keeping safe. Every time Lucia and her family need to remember something I'll give you all a "SQUAWK!"

Can you help me keep Lucia and her family safe at my beach?

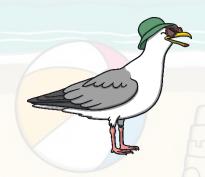


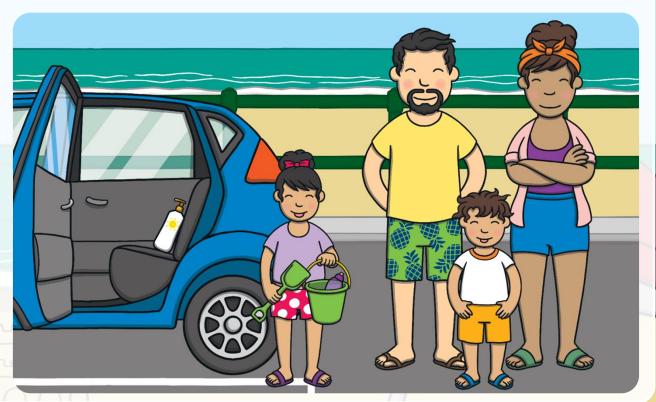
This is Lucia, her Mummy and Daddy and little brother Joseph. They had been in the car, for what Lucia thought was a very long time, when they were finally at the beach!

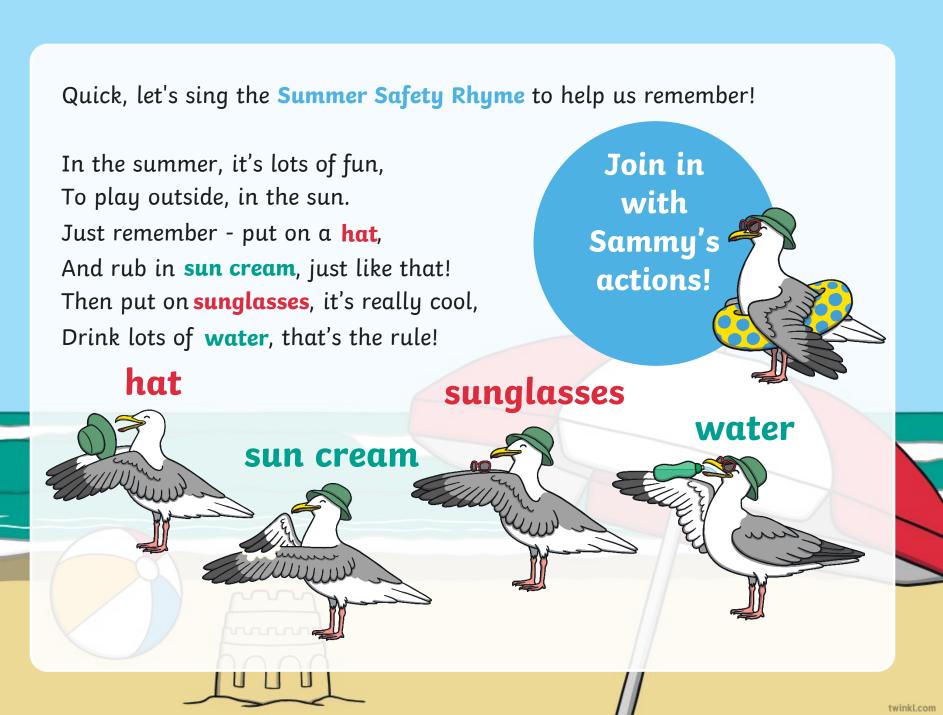
Lucia was wearing her favourite shorts and a new T-shirt. She was clutching her bucket and spade tightly – she couldn't wait to build a sandcastle. Lucia was so excited to get to the beach, she forgot to pick up her sun cream...

What does the family need to do?





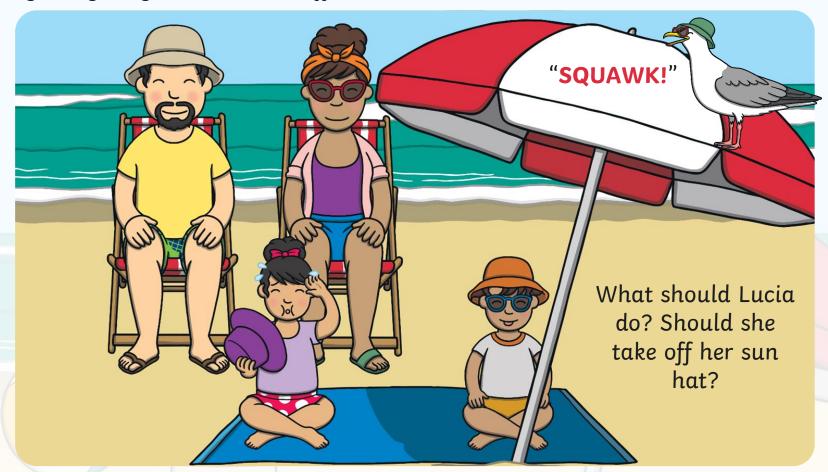


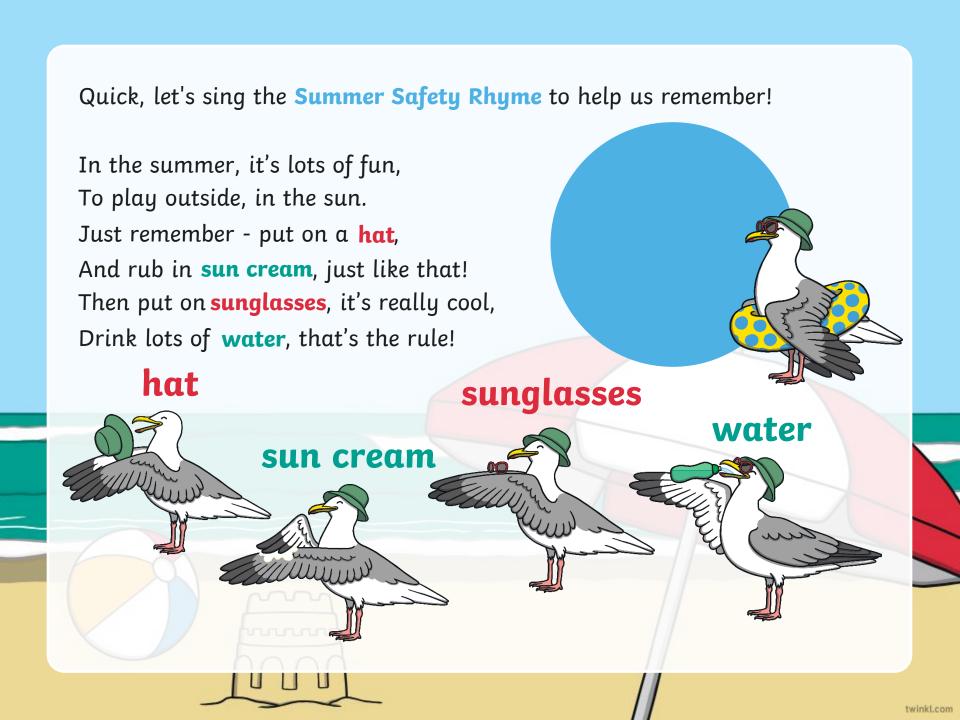


Dad looked back into the car and spotted the sun cream. As the family were putting on their sunglasses and sun hats, Dad handed Lucia the bottle of sun cream. Dad helped Lucia to put on some sun cream. "Make sure you put some on your ears and neck too!" said Mum as she put sun cream on Joseph.



When they got to the beach, Mum and Dad set up 2 deckchairs, a large beach umbrella and a big towel for Lucia and Joseph to sit on. Lucia started building a sandcastle. After a little while though, she began getting very hot and took off her hat.

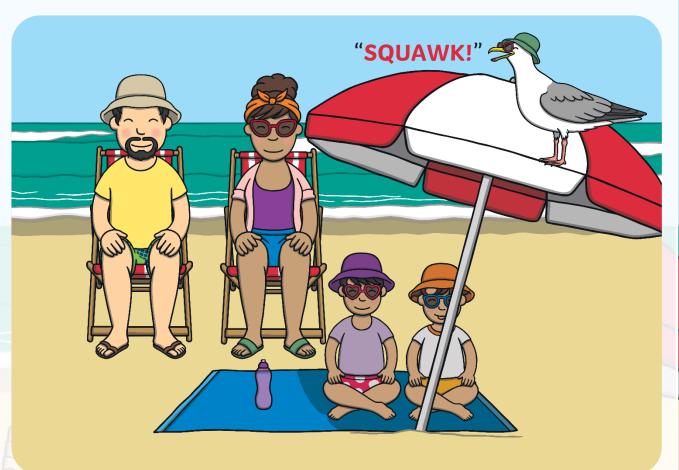


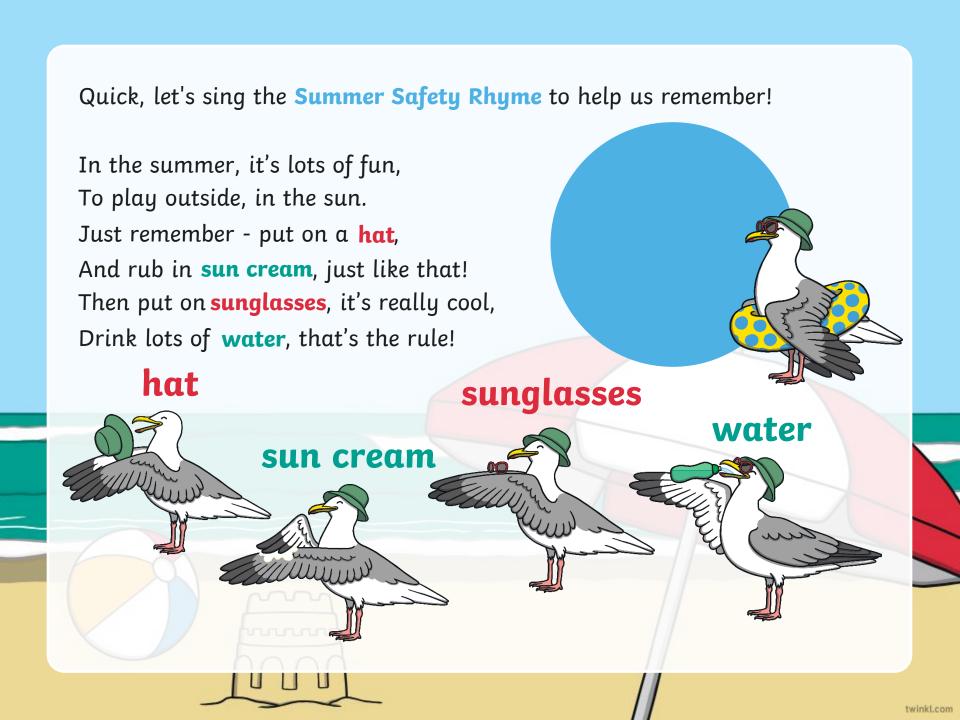


Mum reminded Lucia that sun hats were very important to wear in the sun as they stop the sun shining straight onto your head – this can make you unwell. Dad suggested that they move Lucia's towel under the umbrella so she can sit next to Joseph and finish her sandcastle.

Sammy
Seagull has
spotted
something
else though...

There's something else Lucia can do if she is feeling hot – what else is it important to do?



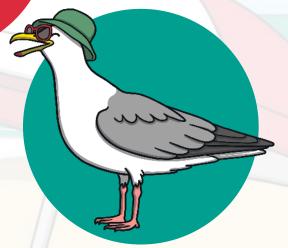


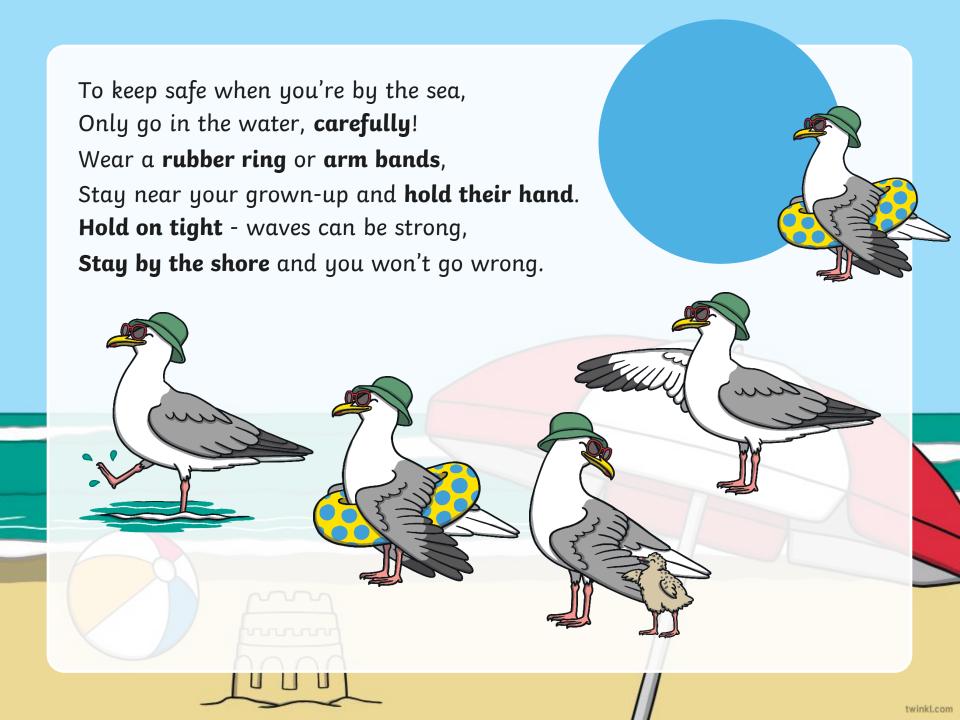
Dad reached over and gave Lucia her bottle of cool water. "Great!" said Lucia, "That's much better!"

The family were having a lovely time at the beach. There were lots and lots of other people on the beach too.



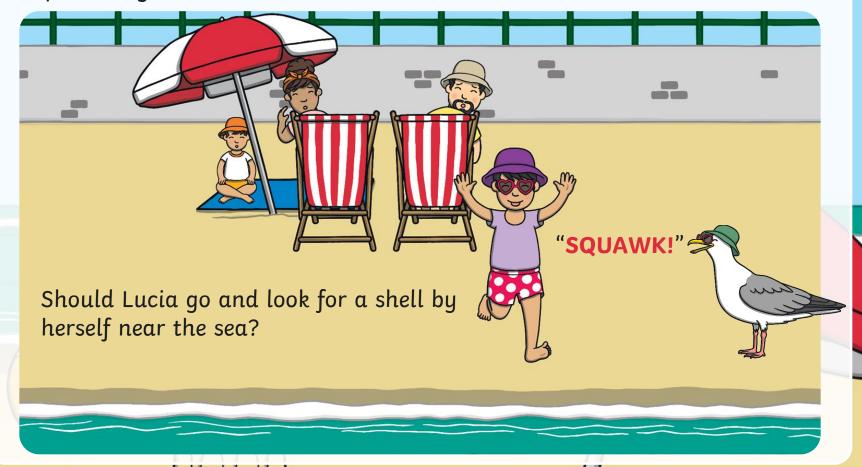
Would you like to learn the next part of my 'Summer Safety Rhyme'?

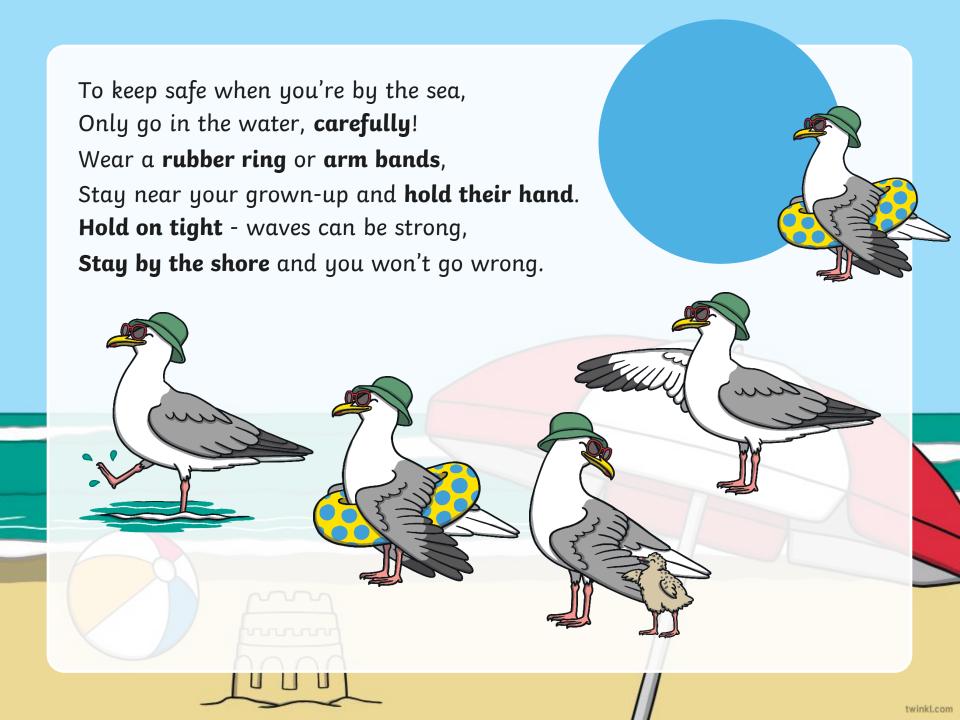




Lucia finished her sandcastle and proudly showed Mum and Dad. "That's great!" said Mum, "What are you going to put on the top of your castle?" Lucia thought for a moment and looked around.

"I know!" she said, "I need a shell for the top of my castle!" Lucia jumped up and began to run towards the sea...

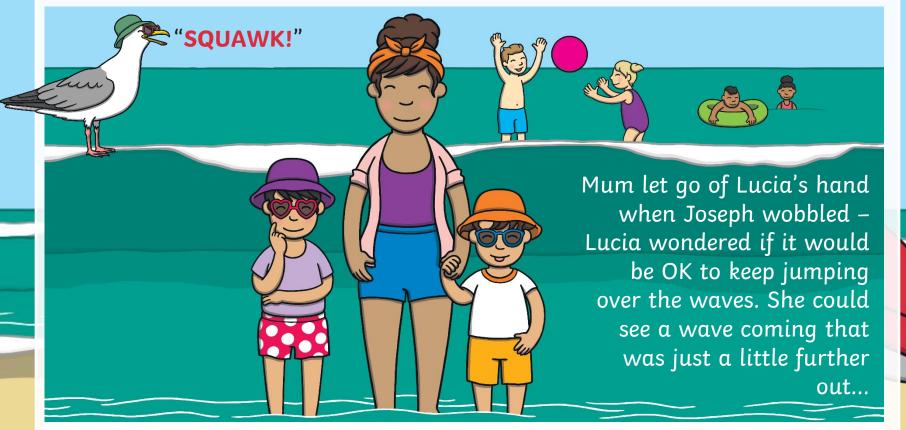




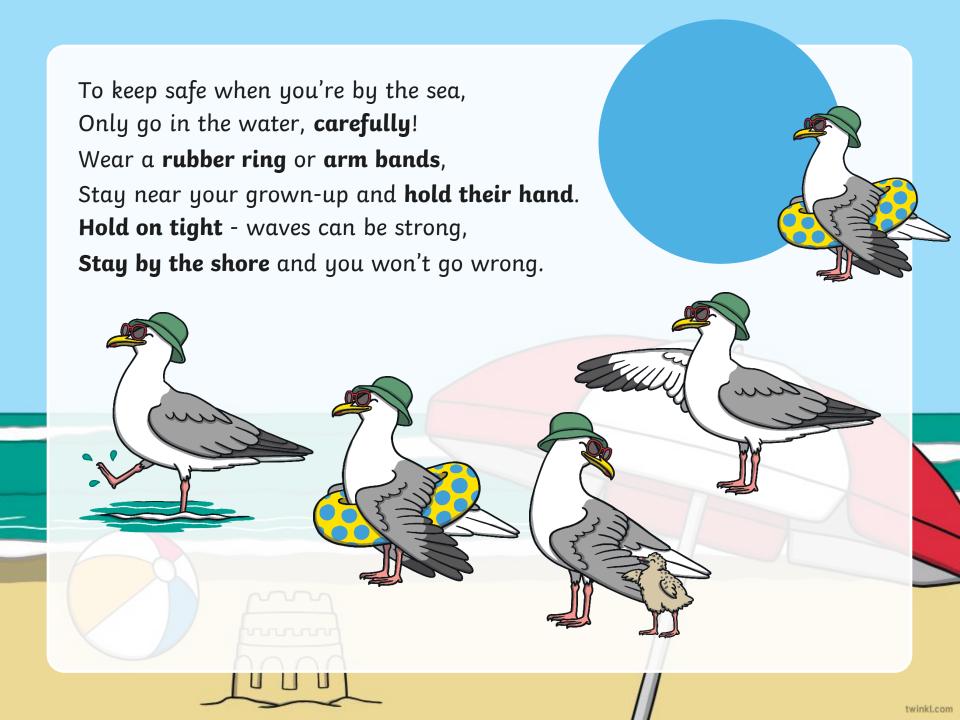
Dad reminded Lucia that she shouldn't go near the sea by herself. He got up from his deckchair and said, "we can go together! I think I know a good place to look for shells." Lucia and Dad walked towards the sea and found a little rock pool. Inside were lots of shells! Lucia chose a shell and held onto it tightly as they walked back to Mum and Joseph.



After finishing her sandcastle, Lucia asked Mum if she could go and play in the sea. "Great idea!" said Mum. "I'll come too and Joseph can have a paddle in the little waves!" Together they walked to the sea. They had fun holding hands as they jumped over the little waves – they tickled Lucia's feet and made her giggle!

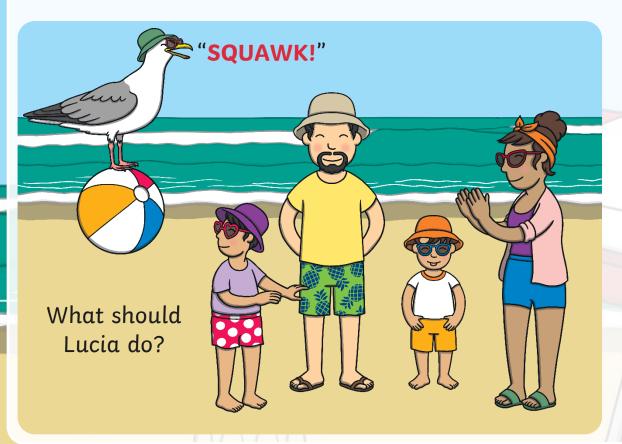


Should Lucia go further out into the sea?

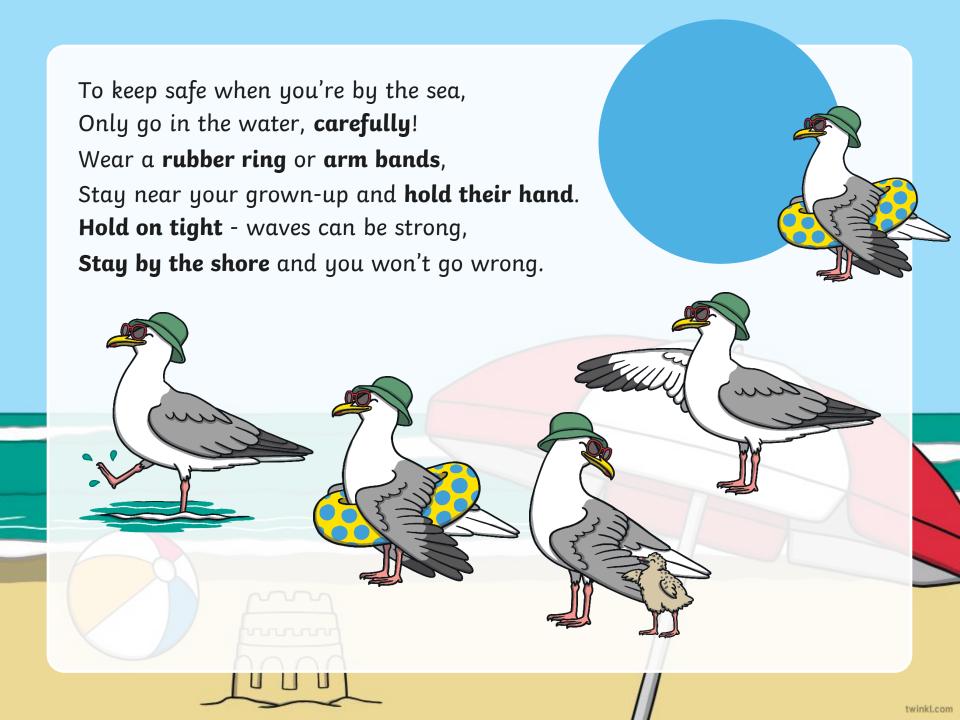


"Wait a moment," said Mum, "waves can be very strong so you need to hold my hand. Let's try jumping over this big wave together!" After lunch, Dad helped Lucia to put on some more sun cream and then showed her a new toy he had got at the beach shop – it was the largest beach ball Lucia had ever seen!

"Catch!" shouted Dad as he threw the ball to Lucia.



Lucia threw the ball to Joseph, who giggled and almost caught it! The family had lots of fun playing catch with the ball when suddenly a big gust of wind caught the ball and began blowing it along the beach. Lucia turned to chase after it...



Luckily, a lifeguard caught the ball and brought it back. "It's getting quite windy out now," said the lifeguard, "I've just been looking at the flags." "Flags?" questioned Lucia looking puzzled. She had seen some little flags on some people's sandcastles – was that what the lifeguard meant?

"We use these flags to tell people if it is safe to go in the water" explained the lifeguard, pointing to a tall flag nearby. "This red and yellow flag shows that lifeguards are nearby. The orange windsock shows that it is really windy."

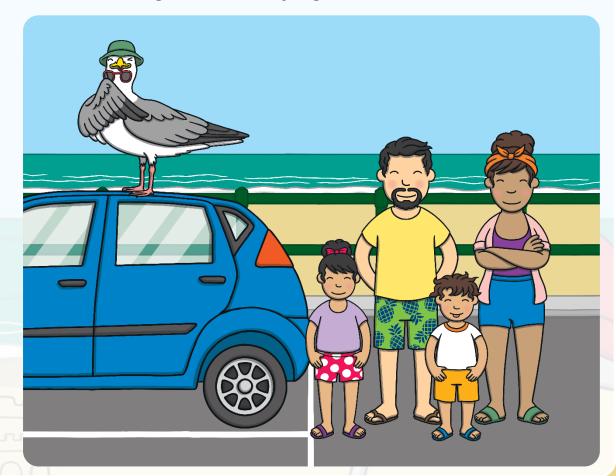
"That's clever!" said Lucia.



Soon, it was time to go home. Lucia was feeling very tired now. She had really enjoyed making sandcastles, finding shells, jumping over the waves and playing with the beach ball. Her favourite part of the day was meeting the lifeguard and learning about the flags.

She was sure she had heard a seagull during the day too but couldn't remember seeing one.

"Mum, can we come back to the beach tomorrow?"
"I want to make another sandcastle and put a flag on top! I want to look for seagulls too!"



Sammy Seagull's Summer Safety Rhyme

In the summer, it's lots of fun,
To play outside, in the sun.

Just remember - put on a hat,
And rub in sun cream, just like that!
Then put on sunglasses, it's really cool,
Drink lots of water, that's the rule!

To keep safe when you're by the sea, Only go in the water, carefully!
Wear a rubber ring or arm bands,
Stay near your grown-up and hold their hand.

Hold on tight - waves can be strong, Stay by the shore and you won't go wrong.

