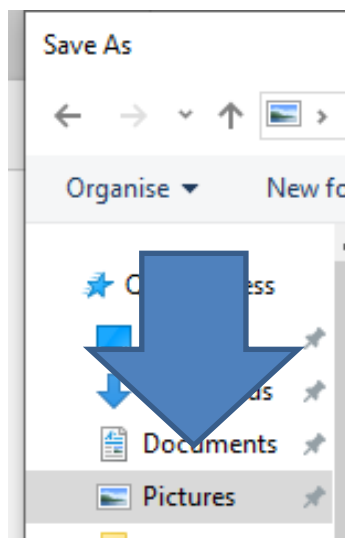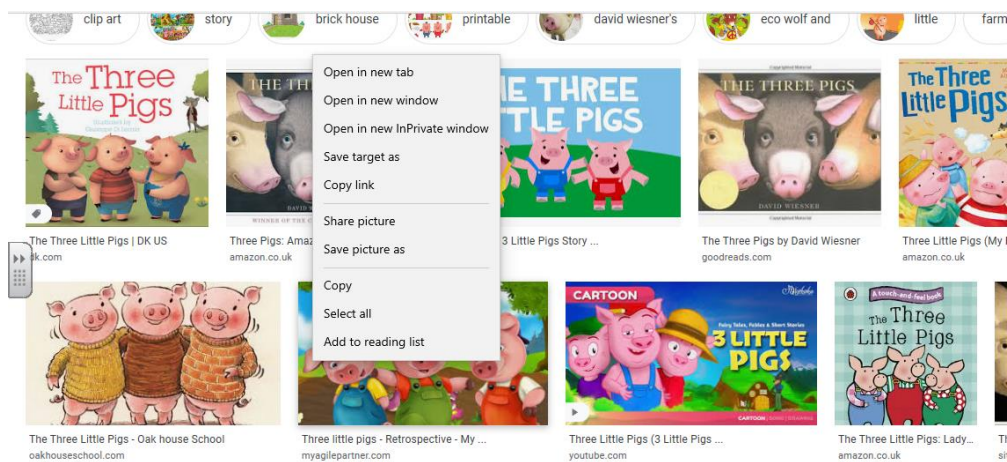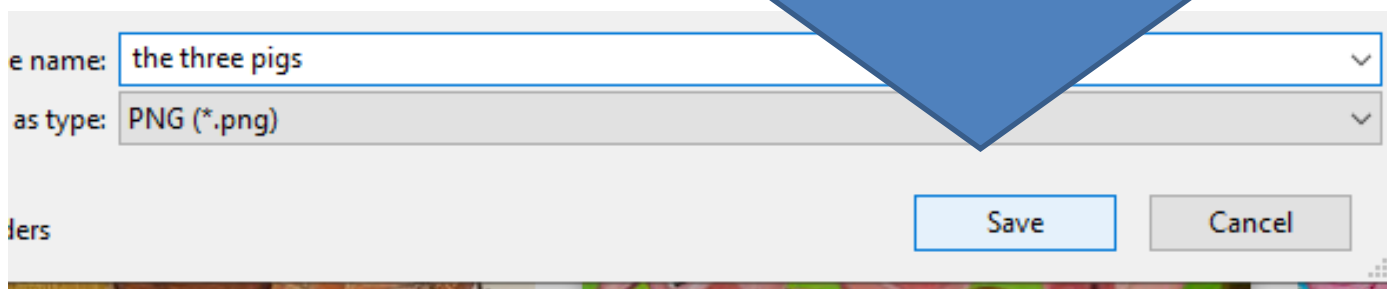Right click, then save picture as.

click pictures. Then grod name.

Click the green arrow.

Once you click 'from my computer' this window will appear. Select your image and click open.