Menai Residential Experience

17th to 21st June 2019

Aims of Meeting

 To provide general information about the visit

 To provide the opportunity to ask questions about the residential visit

Why are we going?

- Personal and social development opportunities
- To develop independence skills prior to transition to new school
- To provide the opportunity to work with specialist staff
- To further enhance teamwork and fellowship

Canolfan Conway Centre Outdoor Field Study Arts

- The Conway Centre is a large, short term, residential educational facility on the island of Anglesey, North Wales.
- The Centre occupies 170 acres of National Trust parkland and gardens, which extend down to the Menai Strait and include: a Private Dock, Adventure Playground, Tipi, Yurt, Playing Fields, Natural Ponds, Sheltered Shoreline and Mature Woodlands.
- The Centre is well known for its qualified expertise in the Arts, Field Studies and Outdoor Education



Departure: Monday 17th June at 9.30am from school.

Please arrive at school at the usual time, help your child to load their case onto the bus and then send them into school as normal.

Return: Friday 21st June at 3:00 pm (depending upon traffic)

We will inform you if the arrival time changes.

Itinerary for the week:

Monday: drive to the centre and have our packed lunch once we arrive. Explore the grounds and the centre. Unpack and settle in.

Tuesday: one or two outdoor activities led by centre staff depending upon groups; plus one activity led by our own staff (problem solving/pond dipping).

Wednesday: two activities led by the centre staff.

Thursday: one or two outdoor activities led by centre staff depending upon groups; plus one activity led by our own staff (problem solving/pond dipping).

Friday: leave the centre after lunch.

Outdoor activities led by the centre staff

Mountain biking

Raft building (everyone will have the opportunity to do this)

Bushcraft

Canoeing

Zips and ropes

Kayaking

Stand-up paddle boarding

Via ferrata

Domestic Arrangements

- Day of departure: Packed lunch in a disposable plastic bag, a snack for when we arrive and refillable water bottle – clearly named.
- Centre Catering Arrangements
- Dormitories

The centre will provide:

- Waterproof tops and bottoms (where appropriate)
- All equipment for activities e.g. harnesses, helmets, life-jackets etc.
- Drying rooms where clothes can (if hung up properly!) dry out overnight

Kit List

- •Toiletries, toothbrush, hairbrush and two large towels
- Nightwear
- Watch
- Bobbles for long hair
- Casual clothing for each day plus spares
- Outdoor activity clothing not jeans
- Sensible outdoor shoes
- Shoes which will get wet/muddy (old trainers or water shoes)
- Warm waterproof coat
- Warm clothes to change into after being wet
- •Spending money (optional) maximum of £20 (The children will be responsible for the safekeeping of their pocket money)
- Refillable water bottle
- Sun cream / sun hat / collared T-shirts for sun protection
- Plastic bags for dirty shoes, washing, wet clothes etc.
- Teddy and a book
- Pack of cards or small non-electronic game

Only one

small

bag!



The following items must NOT be brought

Mobile phones Electrical goods Game machines iPods, kindles, iPads etc. Aerosols of any kind (these will set off the alarms!) **Novelty 'big' slippers (trip hazard)** Make-up **Perfume Torches** Sweets or any other food



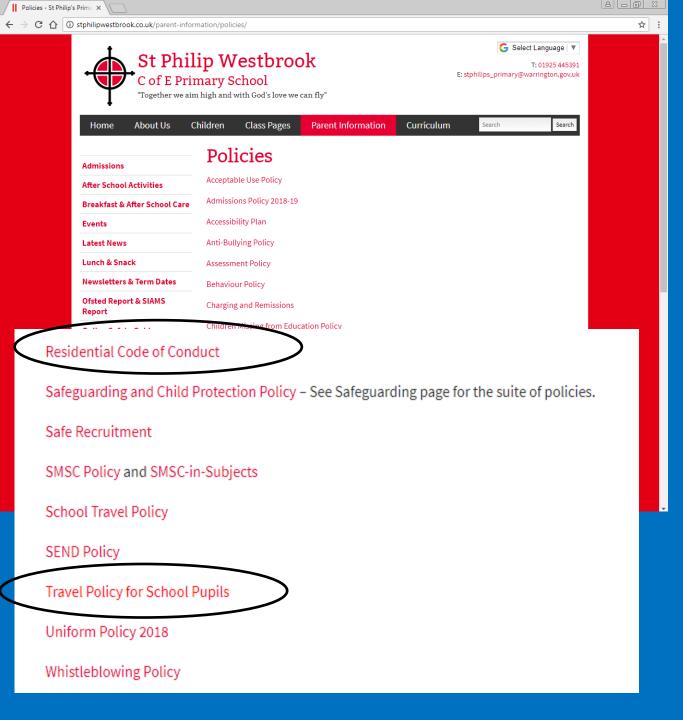
- Code of Conduct
- Medical Form
- Parental Consent / Contact Detail

All of the above documents must be returned to school by Tuesday 21st May (tomorrow)

Please ensure that any medication, including hay fever medication, is handed to the class teachers by Wednesday 12th June at the latest.

Medication needs to be clearly **labelled** with your child's **name** and the **dose** required. If your child has an **inhaler**, they need to keep it with them at all times.

If your child's medication-needs change between filling in the medical form and our departure, please inform your child's teacher so that our records can be amended in good time.



- Residential Code of Conduct
- Travel
 Policy for
 School
 Pupils

Discipline

From experience, and your own safety, we have developed a set of rules, which all students should agree to follow.

These are in addition to any specific establishment regulations and therefore we ask you to agree to the following:

- That I will remain in the accommodation unless I have my teacher's permission to leave.
- I will not take CD players, mobile phones, electronic games or any other expensive equipment.

General

I therefore agree that I will:

- Co-operate with the staff and other students to make this visit enjoyable, trouble free and educationally rewarding for all.
- 2. Have the appropriate equipment, as necessary with me for all visits and activities.
- 3. Clearly label my baggage both inside and out.
- 4. Participate in all activities during the visit.
- Dress appropriately and with sensible shoes as directed by the teacher.
- 6. Be punctual at all times for meals and work sessions.
- Behave quietly and sensibly in the accommodation to avoid inconvenience to other guests and accommodation management.
- 8. Remain attentive and act sensibly at all times.
- 9. Remain alert during excursions or other organised events.
- 10. Only allow visitors into my room if this has been agreed with by a member of staff.
- 11. Remain in my room until next morning after 'lights out' unless in an emergency.
- Remain in my room in the mornings until notified by a member of staff to leave (unless in an emergency or to use toilet facilities).
- 13. Respect others property and I will not disturb or remove items that do not belong to me.
- 14. I am aware that my parents/guardians will be contacted in the event of misconduct or persistent misbehaviour and if this continues I may be sent home early at my own cost or my parents asked to collect me.
- To consider other guests and after lights out settle down to sleep and ensure I do not keep others awake.

Group leaders have a particular responsibility to students of all ages to act in loco parentis.

Departure Arrangements

All children will need a small day bag / rucksack containing the following:

- Packed lunch in a disposable plastic bag, a snack for when we arrive, and a school water bottle – clearly named
- Sun hat and sun cream (children will be responsible for applying this on a daily basis).
- Waterproof coat

Any questions?



Please ensure that the final balance, minus any deposit you have already paid, is sent in to school by no later than Friday 24th May 2019.

Please pay in cash or online.
School banking details are:
Sort code: 20-91-48
Account number: 50777226