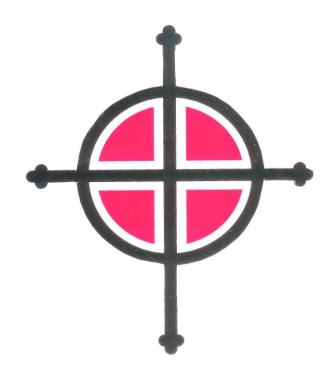
# Sex and Relationships Policy (SRE)



# St Philip Westbrook C of E Aided Primary School

Date of Review	Action
JAN 2017	Reviewed and updated.

#### SEX AND RELATIONSHIPS

Sex and relationships education is learning about emotional, social and physical aspects of growing up, relationships, sexuality and sexual health.

A comprehensive programme of age-appropriate SRE provides accurate information about the body, reproduction, sex and sexual health. It also gives children essential skills for building positive, enjoyable, respectful and non-exploitive relationships and staying safe both off and online.

#### AIMS

The aim of SRE is to provide children with age appropriate information, explore attitudes and values and develop skills in order to empower them to make positive decisions.

Sex and relationships education:

- Is a partnership between home and school
- Starts early and is relevant to pupils at each stage in their development and maturity
- Includes the acquisition of knowledge, the development of life long skills and respectful attitudes and values
- Has sufficient time to cover a wide range of topics, with a strong emphasis on relationships, rights, responsibilities to others, negotiation and communication skills
- Helps pupils understand on and offline safety, consent, violence and exploitations
- Is inclusive of difference: gender identity, sexual orientation, disability, ethnicity, culture, age, faith or belief or other life experience
- Uses active learning methods and is rigorously planned, and evaluated
- Teaches pupils about the law and their rights
- Promotes equality in relationships, recognises and challenges gender inequality and reflects girls and boys different experiences and needs
- Promotes the values of respect, love and care
- Encourages children to understand a healthy heart, healthy body and healthy mind
- Develops self-esteem and a positive self image
- Supports pupils in understanding their bodies
- Ensures the development of personal skills needed to make sensible choices, which enables pupils to protect themselves and ask for help and support,

- Teaches pupils to make informed decisions which include saying 'no' to unacceptable behaviour,
- Teaches pupils to recognise safe and unsafe situations.
- Encourages children to value and respect themselves and others, their own rights
- Encourages children to value stable and loving relationships for the nurturing of children and as the basis of a society in which people care for one another.

#### **ROLES AND RESPONSIBILITIES**

All staff are responsible for ensuring the safety of the children in their care and for the implementation of this policy. SRE is taught by all staff. Subject Champions for E Safety, PSHE and Science monitor the curriculum and the learning and teaching of SRE.

#### IMPLEMENTATION AND PROVISION

At St Philip's Sex and Relationships education is taught through Science, Heartsmart, Personal, Social, Health and Economic education (PSHE), E-Safety, RE, and through the schools Christian values which are at the heart of our school.

Our PSHE scheme of work is The PSHE Association which is updated regularly and through which SRE is explicitly taught.

We encourage open discussion, knowing that good relationships and communication are essential for ensuring a thriving and caring school community where each child can grow in self esteem and confidence.

Resources including schemes of work, websites, charities, videos, books, pictures, visits and visitors will be used effectively to support the children's learning.

## **HEALTH AND SAFETY**

The school has a Health and Safety Policy which all staff follow. Risk assessments are undertaken for individuals or specific areas of the school as deemed appropriate. If a teacher or member of staff become aware of a safeguarding/child protection issue then the safeguarding procedures in these policies will be adhered to

#### **EQUAL OPPORTUNITIES**

All children are entitled to access the curriculum together with a full range of activities and experiences within school. This is irrespective of gender, ability, race, culture, beliefs, sexual orientation or grouping, learning difficulties or disabilities, home language or family circumstances.

The school works actively to promote all aspects of learning and to ensure equality of provision so that each child has the opportunity to maximise his/her progress in all areas appropriate for their age and physical development.

### **MONITORING**

SRE is monitored and evaluated through planning, observation, regular review of the relevant schemes of work and discussions with children and teachers by the PSHE Subject Champion.