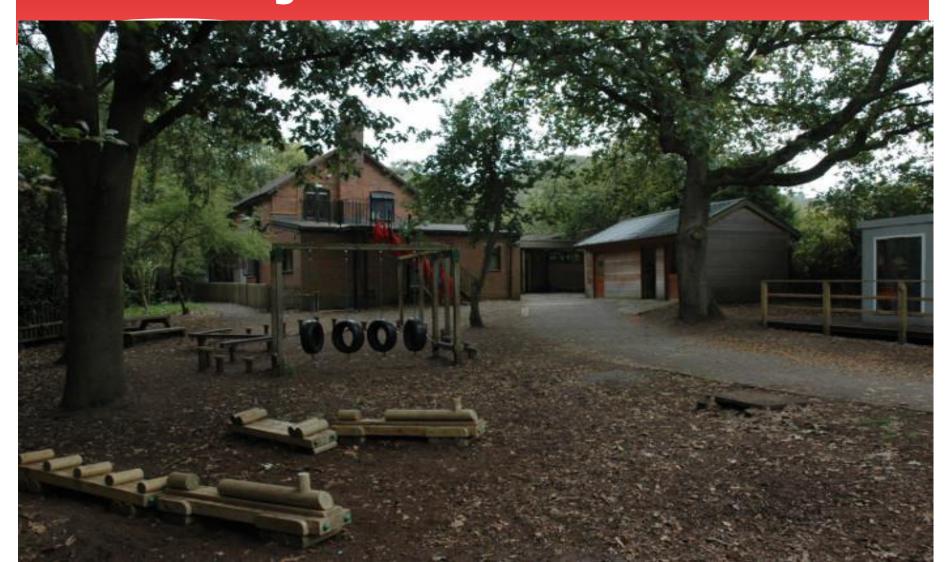




- *Information about the centre
- *What to bring and what not to bring
- * Itinerary
- * Questions

Foxhowl Conway Centres: Delamere

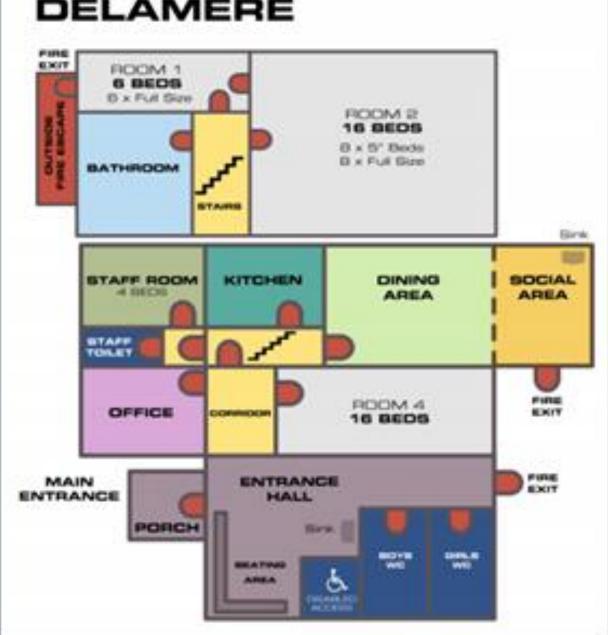




Foxhowl Conway Centres: Delamere

- * Originally known as Foxhowl, the building used to be a Youth Hostel and it is well known for its homely appeal.
- * Available within the grounds is a well established nature pond.
- * There is safe access to **Delamere Forest** where children can participate in activities such as orienteering, den building, survival skills, stream dipping, environmental games, forest art and walks which study animal habitats and the different flora and fauna of the forest.
- * Children as young as reception age to older juniors visit Conway Centres: Delamere for what may be their first stay away from home.

DELAMERE



Bedroom



Dining Room



Catering

Breakfast

* A selection of cereals, juice and yoghurts are in the dining room for children to help themselves to, followed by a hot option served at 8.15 am.

Lunch

* Lunch is sandwiches, crisps, fruit or yoghurt and a hot option which is served at 12.30 pm or a packed lunch which you can take out.

Evening Meal

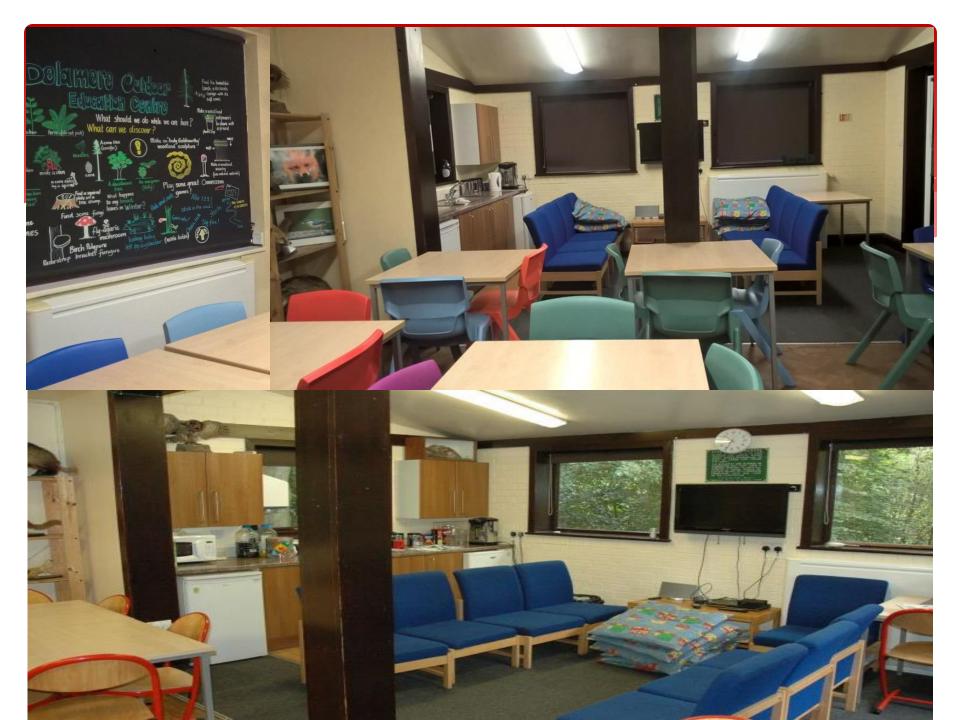
* The main meal is a 2 course meal with 2 options usually served at 4.45 pm.

Snacks

* Tea, coffee, squash, milk, hot chocolate, biscuits and toast are available at all times from the dining room.

Special Diets

* The centre has a wealth of experience in providing meals for all sorts of allergies and intolerances from mild to serious conditions. We ask for dietary requirements on the booking forms.





Activities



Den Building



Pond/Stream Dipping



Wood Collecting & Marshmallow Toasting



What to Bring

Children need to come to school wearing:

- * warm clothes that are not new and can get dirty
- * layers of t-shirts and jumpers/sweatshirts
- * a warm coat, hat and gloves
- warm leg coverings such as joggers (not jeans)
- * sensible footwear such as trainers

They will also need:

 Rucksack and small overnight bag that children can carry themselves

Rucksack







Packed lunch
in a labelled
carrier bag,
the school kitchen
will not provide
these.



Wellies in a labelled carrier bag



Overnight bag...



Night wear



Teddy



Wash bag with flannel, soap, toothpaste and toothbrush



Clothes for next day spare clothes and underwear





Hair brush

Overnight bag...



Bin bag for dirty clothes



Story Books
Puzzle Books



Items that will not be joining us...

NO ELECTRONIC EQUIPMENT



No Mobile Phones



No Gaming Consoles

Items that will not be joining us...







No food or drinks other than in packed lunch bag



Itinerary

* Mrs Hogan's Class

Tuesday 11th – Wednesday 12th Dec

* Miss Wright's Class Wednesday 12th – Thursday 13th Dec

* Miss Evans' Class
Thursday 13th – Friday 14th Dec

Itinerary – Day 1

- * 8.40am Arrive at school
- * Leave school once children and bags are on the coach
- * 10am Arrive at centre
- * Familiarisation, H&S etc
- * 12.30pm Packed Lunch
- * Afternoon activity Den building
- * 4.45pm Tea
- * 6.30pm Campfire
- * 7.45pm Supper
- * 8.30pm Bed

Itinerary – Day 2

- * 8am Breakfast
- * 9am Strip Beds and pack bags
- * 9.30 am Morning activity pond/river or other option
- * 12.30 pm Lunch
- * 2pm Leave centre
- * 3pm Arrive back at school

No News is Good News

- * We will not be sending any messages to school or to parents due to the poor signal in the forest
- * The centre does have a landline which we will use if there is an emergency

Any questions?



